

Nasrin Saki

Position Sciences	Associate Professor of Dermatology <u>Shiraz University of Medical</u> (SUMS)
Work address	Department of Dermatology Faghihi Hospital Shiraz University of Medical Sciences Shiraz Iran
Personal Information	Sex: Female Nationality: Iranian Date of birth: June 5, 1985 Place of birth: Shiraz, Iran Marital Status: Married Number of children: 2
Research Interests	Clinical Dermatology, Cosmetics, Procedural Dermatology, Dermatologic Surgery, Biology
Education	1999-2003 High school Diploma Farzanegan (SAMPAD) high school 2003-2010 Doctor of Medicine (M.D) Shiraz University of Medical Science (SUMS)
Professional Training	2010-2014 Residency in Dermatology Shiraz University of Medical Sciences (SUMS)
Honors	2014 An appreciation due to obtaining the title of outstanding university student in Iran 2014 Obtaining 3 rd rank in Dermatology Board Examination in Iran 2014 Succeeding to achieve Alborz Cultural Institute prize 2014 Obtaining first grade in preboard examination between dermatology

residents of SUMS (fourth year of residency)

2013

Obtaining 2nd grade in promotion examination between dermatology residents of SUMS (third year of residency)

2012

Obtaining first grade in promotion examination between dermatology residents of SUMS (second year of residency)

2011

Obtaining first grade in promotion examination between dermatology residents of SUMS (first year of residency)

2010

Elected as the 1st rank graduated student between SUMS Students (Entry 2003)

2009

An appreciation due to obtaining 7th rank in pre internship examination in Iran.

2009

An appreciation due to obtaining 2nd rank in pre internship examination between SUMS students

2006

An appreciation due to obtaining 3rd rank in Iran for general examination of basic science

2006

An appreciation due to obtaining 1st rank in general examination of basic sciences between SUMS students.

2003

An appreciation due to obtaining 3rd rank in University entrance exam in Iran.

Medical Student Member of SUMS student research committee
Member of SUMS Education development center (EDC)
Member of SUMS Gifted talents committee
Member of Iran's National Elites Foundation

Activities as Dermatology Resident Lecturer in general Dermatology in a course for physiotherapy students
Head of SUMS Medical Journalism group, dermatology branch.
Referee of Iranian Journal of Blood & Cancer
Referee of Galen Medical journal
Referee of Global Dermatology journal (GOD)
Chief resident of dermatology department, SUMS

Activities as Dermatologist Assistant Professor of Dermatology, Shiraz University of medical sciences
Referee of Iranian Journal of Blood & Cancer
Referee of Galen Medical journal
Referee of Global Dermatology journal (GOD)
Referee of Journal of Surgical Dermatology
Member, Molecular Dermatology Research Center, SUMS
Associate Editor of Iranian journal of Dermatology

Major Fields of Research Interest Procedural Dermatology, Pigmentation, Atopic dermatitis, Topical use of systemic drugs in dermatology

Publications:

1. Aspergillus endophthalmitis in orthotopic liver transplantation.
Hosseini H, Saki S, **Saki N**, Eghtedari M.
Indian J Med Sci. 2009 Jun;63(6):253-6
2. Unknown: A middle-aged woman with a solitary targetoid lesion on her shin.
Jowkar F, **Saki N**, Aslani FS, Motevalli D, Saki MR.
Dermatol Online J. 2012 Jul 15;18(7):11.
3. Effect of posttraumatic serum thyroid hormone levels on severity and mortality of patients with severe traumatic brain injury. Malekpour B, Mehrafshan A, Saki F, Malekmohammadi Z,

Saki N. *Acta Med Iran.* 2012;50(2):113-6.

4. D-dimer level in pediatric patients with solid and hematologic malignancies, Shiraz, Southern Iran. **Saki N**, Saki F, Saki MR, Karimi M. *Int J Lab Hematol.* 2011 Dec;33(6):e22-4

5. A modification of tibial inlay fixation in posterior cruciate ligament reconstruction by interference screw: a biomedical study on calf tibial bone model. Jaber FM, Abbasi H, **Saki N**, Lotfazar A, Ensafdaran A, Saki S, Jaber MM. *Arch Orthop Trauma Surg.* 2010 Sep;130(9):1065-9.

6. Gilbert syndrome in Iran, Fars Province. Hemmati F, Saki F, **Saki N**, Haghghat M. *Ann Saudi Med.* 2010 Jan-Feb;30(1):84.

7. Does Helicobacter Pylori Play a Role in Pathogenesis of Primary Acquired Nasolacrimal Duct Obstruction? Oujji N, Saki S, **Saki N**. *Iran J Med Hypotheses Ideas* 2009, 3:5.

8. [Efficacy of Excisional Surgery, Curettage And Combined Curettage And Electrodesiccation In Treatment Of Basal Cell Carcinoma.](#) Salmanpoor R, Motevalli D, **Saki N**, Saki M. *Iran J Dermatol* 2012; 15: 66-67.

9. Case report : Diffuse Normolipemic Plane Xanthomas in an otherwise healthy 1-year-old male infant. Emad M, Aslani FS, **Saki N**, Motevalli D, Saki F. *Iran J Dermatol* 2012; 15: 137-140.

10. Licorice 7% versus Selenium sulfide 1% shampoos in the treatment of dandruff: A clinical trial. Salmanpoor R, **Saki N**, Mahmoodi G. *Iran J Dermatol* 2012; 15: 144-145.

11. What is Your Diagnosis? Dehghani P, Motevalli D, Asadian S, **Saki N**. *Iran J Radiol.* 2012 Nov;9(4):231-3.

12. Comparison of sertaconazole 2% cream versus hydrocortisone 1% ointment in the treatment of atopic dermatitis. **Saki N**, Jowkar F, Alyaseen S. *J Dermatolog Treat.* 2013 Dec;24(6):447-9.

13. [An Adjuvant Capsule in the Treatment of Pemphigus Vulgaris: A Novel Hypothesis.](#) Jowkar F, **Saki N**, Kardeh S. *Galen Medical Journal.* 2014;3(3):200-1.

14. [Skin Manifestation Of Methylmalonic Acidemia; A Rare Case.](#) Karamifar H, Shakibzad N, Saki F, **Saki N**, Kardeh S. *G Ital Dermatol Venereol.* Epub Ahead of print.

15. Comparison of Fumaric Acid 5% Cream versus Triamcinolone 0.1% Cream in the Treatment of Hand Eczema. Jowkar F, **Saki N**, Mokhtarpour A, Saki MR. *Acta Med Iran.* 2014 Jul;52(7):528-31.

16. Prevalence of psychological disorders in patients with alopecia areata in comparison

with normal subjects. Aghaei S, **Saki N**, Daneshmand E, Kardeh B. *ISRNDermatol*. 2014 Mar 9;2014:304-7.

17. Serum prolactin levels in psoriasis vulgaris. Handjani F, **Saki N**, Ahrari I, Ebrahimi M, Khorrami MM, Nematollahi P. *ISRNDermatol*. 2014 Feb 23;2014:586-94.

18. A metastatic cancer to skin in an otherwise asymptomatic young man: an unusual presentation. Salmanpoor R, **Saki N**, Sepaskhah M, Aslani FS, Kardeh B. *Dermatol Online J*. 2013 Oct 16;19(10):20035.

19. A young woman with multiple cutaneous epithelioid angiomatous nodules (CEAN) on her forearm: a case report and follow-up of therapeutic intervention. Dastgheib L, Aslani FS, Sepaskhah M, **Saki N**, Motevalli D. *Dermatol Online J*. 2013 Mar 15;19(3):1.

20. Prediction of acute myocardial infarction with artificial neural networks in patients with nondiagnostic electrocardiogram. Kojuri J, Boostani R, Dehghani P, Nowroozipour F, **Saki N**. *Journal of cardiovascular disease research* 05/ 2015; 6(2):51-59.

21. Comparison of the efficacy of topical 85% formic acid versus a combination of topical salicylic acid and lactic acid in the treatment of warts: A randomized, triple-blind, controlled trial. Handjani F, **Saki N**, Zandi S, Sayyafan MS, Kardeh B, Emami Y, Heiran AR. *Iran J Dermatol* 2016; 19: 1-5.

22. Evaluation of patient satisfaction after treatment with the alexandrite laser for hirsutism. Jowkar f, Radgoodarz N, **Saki N**. *Iran J Dermatol* 2016; 19: 11-15.

23. Epidemiology of Malignant Melanoma over a Thirty-two Year Period (1981-2013) in Southern Iran. Handjani F, **Saki N**, Parhizgar A, Kardeh S, Rafiee S, Yaghutian Nezhad L, Kardeh B. *MEJC*; October 2016; 7(4): 199-202.

24. [Assessment of laser therapy on the quality of life in patients with hirsutism using the dermatology life quality index](#). Handjani F, **Saki N**, Kardeh B, Maghsoodi M. *Iran J Dermatol* 2013; 16: 6-8.

25. A 12 year old boy with erythematous hyperkeratotic plaques on the palms and soles. Jowkar F, **Saki N**, Mohammadzadeh shanehsaz S, kardeh S, Bittar R. *Iran J Dermatol* 2013; 16: 80-82.

26. Bilateral ear canal eruptive skin tags in an otherwise healthy young lady: A case report Handjani F, **Saki N**, Sari Aslani F, Kardeh S. *Iran J Dermatol*. 2014; 17 (3), 107-109

27. A 39 years old man with multiple firm, reddish-brown papules and nodules on shoulder and arm. Jowkar F, Sari Aslani F, **Saki N**, Kardeh S, Sadat M. *Iran J Dermatol*. 2014; 17 (3), 114-116

28. An Assessment of Frequency of Dermatologic Diseases in Patients Admitted to Shiraz

Referral Dermatology Ward, Southern Iran 2008-2011. Dastgheib L, **Saki N**, Kardeh S, Rezaei Z.

Galen Medical Journal 4 (1), 50-52.

29. Prevalence of Common Candida Species in Oral Lichen Planus Patients: a Cross-sectional Study in South of Iran. Ebrahimi H, Pakshir K, Pourshahidi S, Zomorodian K, Saki M, **Saki N**, Valizadeh M, Kardeh S. *Galen Medical Journal* 3 (4), 252-5.

30. A 52-year-old woman with asymptomatic annular erythematous plaques. **Saki N**, Aslani FS, Hemmatian brojeni N, Bahraminia S. *Iran J Dermatol* 2016; 19: 1-5.

31. Interleukin-10 and Interferon- γ Levels in Patients with Cutaneous Leishmaniasis Treated with Cryotherapy. Handjani F, Yousef SR, **Saki N**, Hamidizadeh N. *Iran J Med Sci (Epub, 2017)*

32. Picosecond laser applications in aesthetic dermatology. **Saki N**. *J Surg Dermatol* 2017; 2(T1)

33. Topical mycophenolate mofetil in the treatment of vitiligo: a pilot study. Handjani F, Aghaei S, Moezzi I, **Saki N**. *Dermatol Pract Concept*. 2017 Apr 30;7(2):31-33.

34. Leishmanial dactylitis: an unusual clinical presentation. **Saki N**, Godarzi H, Heiran A. *Dermatol Online J*. 2017 May 15;23(5).

35. Frequency of Neurological Disorders in Bullous Pemphigoid Patients: A Cross-Sectional Study. Khosravani S, Handjani F, Alimohammadi R, **Saki N**. *Int Sch Res Notices*. 2017 May 24;2017:6053267.

36. Butterfly Patients in Iran Waiting to Specific Attention from Authorities. Parvizi MM, **Saki N**, parvizi Z. *Iran J Public Health*, Vol. 4, No.7, Jul 2017, 1005-1006.

37. Tinea incognito simulating dermatitis herpetiformis: An unusual case report. Jowkar F, **Saki N**, Derayesh M, Aslani FS, *Iran J Dermatol* 2016; 19: 54-56.

38. Prediction of acute myocardial infarction with artificial neural networks in patients with nondiagnostic electrocardiogram. Kojuri J, Boostani R, Dehghani P, Nowroozipour F, **Saki N** *Journal of cardiovascular disease research* 6(2):51-59 · May 2015

39. Comparing the efficacy of topical hydroquinone 2% vs. intradermal tranexamic acid microinjections in treating melasma: a split-face controlled trial. **Saki N**, Darayesh M, Heiran A. *J Dermatolog Treat*. 2018 Jun;29(4):405-410.

40. Satisfactory treatment of a large connective tissue nevus with intralesional steroid injection. **Saki N**, Dorostkar A, Heiran A, Aslani FS. *Dermatol Pract Concept*. 2018 Jan 31;8(1):12-14.

41. An Epidemiological Study of Stevens-Johnson Syndrome and Toxic Epidermal Necrolysis during 2010-2015 at Shahid Faghihi Hospital, Shiraz, Iran. Talebi R MD, **Saki N** MD, Raeisi Shahraki H PhD, Owji SH MD. *Iran J Med Sci*. 2018 Jul;43(4):421-425.

42. Comparing the Efficacy of Triamcinolone Acetonide Iontophoresis versus Topical Calcipotriol/Betamethasone Dipropionate in Treating Nail Psoriasis: A Bilateral Controlled Clinical Trial. **Saki N**, Hosseinpour S, Heiran A, Mohammadi A, Zeraatpishe M. *Dermatol Res Pract*. 2018 Nov 21;2018:2637691.

43. Comparing the Efficacy of Intralesional Triamcinolone Acetonide With Verapamil in Treatment of Keloids: A Randomized Controlled Trial. **Saki N**, Mokhtari R, Nozari F. *Dermatol Pract Concept*. 2019 Jan 31;9(1):4-9.

44. Efficacy of Azithromycin in Treatment of Acne Vulgaris: A Mini Review. Kardeh S, **Saki N**, Jowkar F, Kardeh B, Moein SA, Khorraminejad-Shirazi MH. *World J Plast Surg*. 2019 May;8(2):127-134.
45. Family dermatology life quality index in patients with pemphigus vulgaris: A cross-sectional study. Sajedianfard S, Handjani F, **Saki N**, Heiran A. *Indian J Dermatol Venereol Leprol*. 2019 Aug 28
46. Efficacy of topical dimethyl sulfoxide (DMSO) 50% solution vs tretinoin 0.5% cream in treatment of patients with primary macular amyloidosis: A split-side single-blinded randomized clinical trial. **Saki N**, Ahramiyanpour N, Heiran A, Alipour S, Parvizi MM. *Dermatol Ther*. 2020 May;33(3):e13305.
47. CO2 laser treatment for plantar warts in children: A case series. Boroujeni NH, Handjani F, **Saki N**. *Dermatol Ther*. 2020 May;33(3):e13414.
48. Comparison of Serum Level of Sex Hormones in Patients with Frontal Fibrosing Alopecia with Control Group. Sasannia M, **Saki N**, Aslani FS. *Int J Trichology*. 2020 Jan-Feb;12(1):1-6. doi: 10.4103/ijt.ijt_6_20. Epub 2020 Apr 9.
49. Psychodermatology in Iran: A survey on knowledge, awareness, and practice patterns in Iranian dermatologists. Handjani F, **Saki N**, Emad N, Hadibarhaghtalab M, Jafferany M. *Dermatol Ther*. 2020 Jul 12:e14009.
50. Applications of Ma'aljobon, a natural remedy from traditional Persian medicine, in dermatology: A journey from past to modernity. Zare F, Parvizi MM, **Saki N**, Jaladat AM. *Dermatol Ther*. 2020 Jun 30:e13931.
51. The Evaluation of Serum Lipids Profile in Patients with Pemphigus Vulgaris: A Case-Control Study. Rezazadeh F, Moshaverinia M, Handjani F, Khoshkholgh F, **Saki N**, Heiran A. *Malays J Med Sci*. 2020 Mar;27(2):57-63.
52. The Potential Role of Metformin in Relieving Acne Vulgaris by Modifying the Impaired Cellular Signaling Pathway, Responsible for Acne Pathogenesis. Forouzani BH, Ashrafi H, **Saki N**, Dorvash M, Azadi A. *Pharmacy Updates* 2018.
53. Can we consider erythrocyte sedimentation rate and C-reactive protein as a severity index in pemphigus vulgaris? Farhad Handjani F, **Saki N**, Hosseini M, Tadayon T. *Iran J Dermatol*, 2018.
54. Frequency of autoimmune diseases in first degree relatives of psoriatic patients compared with controls: A cross-sectional study. Dastgheib L, **Saki N**, Heiran A, Saki MR. *Iran J Dermatol*, 2018.
55. Quiz : A middle aged lady with annular atrophic papules and plaques on her back: What is your diagnosis? **Saki N**, Dorostkar A, Aslani FS. *Iran J Dermatol*, 2018.
56. A teenage girl with bilateral hyperpigmentation of cheeks and sclera and a vascular stain on her cheek: What is your diagnosis? **Saki N**, Rahmanian F, Saki S. *Iran J Dermatol*, 2019.
57. A middle-aged lady with bilateral and symmetrical erythematous patches on her lower extremities: What is your diagnosis? Saki N, Nozari F, Taghipour K, Aslani FS. *Iran J Dermatol*, 2019.