

Curriculum Vitae

Arash Mowla, MD

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Sex: Male

Date of Birth: September, 1975

Place of Birth: Shiraz, Iran

Languages: Persian, English

Current Address: Department of Psychiatry, Hafez Hospital, Shiraz University of Medical Sciences (SUMS), Shiraz, Iran

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Education:

(1996-2002) Medical School: School of Medicine, Shiraz University of Medical Sciences (SUMS), Shiraz, Iran.

(2004-2007) Residency in Psychiatry: Department of Psychiatry, Shiraz University of Medical Sciences (SUMS), Shiraz, Iran.

(2005) Certification for completing a course of “**Assessment and diagnosis of**

Neuropsychiatry disorders”. A course offered by the **State University of New York,**

12th Nov 2004 -10th Jan 2005

(2007): Board certification in Psychiatry from Iranian board of Psychiatry

Current Position:

- 1) **Associat Professor**, Department of Psychiatry, Hafez Hospital, Shiraz University of Medical Sciences (SUMS), Shiraz, Iran (2013-) [Past: Department of Psychiatry, Bushehr University of Medical Sciences (2007-2013)]
- 2) **Editorial Board Member**, The Open Neuropsychopharmacology Journal (2008-)
- 3) **Editorial Board Member**, Teb-e-Jonoub (The Official Journal of Bushehr University of Medical Sciences [In Farsi]) (2011-)

Awards and Honors:

2009: Awarded for “**Outstanding presentation**” by Ninth Annual Iranian Psychiatric Association, Tehran, Iran.

2008: Awarded as “**Senior Researcher**” by Bushehr Province Governor for researches that promote society health and medicine, Bushehr, Iran.

2007: Awarded for “**Outstanding Thesis**” for Degree of General Psychiatry in Shiraz University of Medical Sciences (by Dean of Shiraz Medical School)

2006: Awarded as” **Distinguished Researcher**” by Vice Chancellor of research, Shiraz University of Medical Sciences.

2006: Awarded as “**First ranked resident**” in department of psychiatry, Shiraz University of Medical Sciences by Vice Chancellor of Education, Shiraz University of Medical Sciences

2003: Awarded as “**Outstanding manager**” for provision and education of health in Heleileh health centre in south of Iran

2002: Awarded for the “**Outstanding Thesis**” for Degree of M.D in Shiraz Medical School (by Dean of Shiraz Medical School)

Publications:

1- Mowla A, Ghanizadeh A, Ashkani H: Diplopia with citalopram, A case Report. **J Clin Psychopharmacol.** 2005 Dec; 25(6):623-4.

- 2- Mousavianasab M., Mowla A., Dehbozorgi G.: Obsessive Compulsive symptoms in middle school students and its association with Tic Disorder, Body Dimorphic Disorder and Trichotilomnia. **Iran J Med Sci 2005; 30(4): 160-164.**
- 3-Mowla A, Ghanizadeh A.: A comparison of effects of fluoxetine and nortriptyline on the symptoms of Major Depression Disorder. **J Clin Psychopharmacol. 2006 Apr; 26(2):209-11**
- 4- Pakseresht S, Mowla A, Ghanizadeh A.: Shared Psychotic disorder: A tragedy case report that led to death of their daughter. **Iran J Med Sci 2006; 31(2): 115-117.**
- 5- Mowla A, Zandi T: Mini mental Status Examination: A screening instrument for cognitive and mood disorders of elderly **Alzheimer Dis Assoc Disord. 2006 Apr-Jun; 20(2):124.**
- 6-Mowla A, Ashkani H, Firoozabadi A, Ghanizadeh A, Chochedri H, Pani A, Gorman JM. Treatment of acute intractable traumatic pain by ECT, A case report. **J Psychiatr Pract. 2007 Jan; 13 (1):55-7**
- 7- Mowla A, Mosavinasab M., Pani A.: Study the effects of fluoxetine on the cognition of patients with mild cognitive impairments: a double –blind, placebo controlled, clinical trial. **J Clin Psychopharmacol. 2007 Feb;27(1):67-70.**
- 8-Firoozabadi A , Mowla A ,Farashbandi H. Diphenoxylate dependency, A case report. **Journal of Psychiatric Practice. 2007 (13): 4-7**
- 9- Sabayan B, Foroughinia F , Borhanihighi A , Mowla A. Are women with polycystic ovary

syndrome (PCOS) at higher risk for development of Alzheimer disease? **Alzheimer Dis Assoc Disord.** 2007 July/September; 21(3):265-267

10- Mowla A, Mousavinasab M, Haghshenas H, Borhani haghghi A. Does Serotonin Augmentation have any Effect on Cognition and Activities of Daily Living in Alzheimer's Dementia? A Double-Blind Placebo-Controlled Clinical Trial. **J Clin Psychopharmacol.** 2007 Oct; 27(5):484-487

11- Mowla A, Firoozabadi A, Borhani haghghi A, Sahraian A .Megadose Clonazepam Dependence: A case Report. **J Clin Psychopharmacol.** 2007 Oct; 27(5):542-543.

12- Sabayan B, Foroughinia F , Mowla A, Borhani haghghi A. Role of insulin metabolism disturbances in development of Alzheimer disease: Mini Review. **Am J Alzheimer's Dis Other Demen.** 2008 Apr-May; 23(2):192-9. Review.

13- Mowla A. Kianpor M, Bahtoe M, Sabayan B, Chohedri AH. .Comparison of clinical and demographic characteristics of Opium induced depression with Major Depressive Disorder. **Am J Drug Alcohol Abuse.** 2008; 34(4):415-21.

14- Mowla A, Ashkani H, Ghanizadeh A, Gholam Reza Dehbozorgi. Do subjective memory complaints represent objective memory impairments in patients with major depressive disorder? **Depress Anxiety.** 2008; 25 (10):E92-6.

15- Mowla A, Namazi MR. Could Sertraline Afford Protection against Atherosclerosis? A Medical Hypothesis. **South Med Journal.** 2008; Sep 9.

16- Sabayan B, Namazi MR, Mowla A, Moniri SA. Are Patients with Darier and Haily-Haily Diseases Susceptible to Alzheimer's disease? A Theory Based on Abnormal Intraneuronal Ca²⁺ Homeostasis. **J Alzheimers Dis** 2009 Mar;16(3):521-3. Review

17- Mowla A., Khosravizadegan F Ebrahimi A. Citalopram Associated with Complex Visual Hallucination. **Prog Neuropsychopharmacol Biol Psychiatry. 2009 Apr 30;33(3):575-6. Epub 2009 Feb 1.**

18-Mowla A, Asadipoya K. Delusional Parasitosis Associated with Heroin Withdrawal, A Case Report. **Am J Addict. 2009 Jul-Aug; 18(4):334-5**

19- Dastgheib SA, Mowla A, Ghanizadeh A, Khajeian AM. Does Electroconvulsive therapy afford protection against Olanzapine induced Parkinsonism? A Case Report. **J ECT. 2009 Jun; 25(2):146.**

20- Mowla A, Dastgheib SA, Ebrahimi AA, Pani A. Nasal Bleeding Associated with Fluoxetine and Risperidone Interaction; A Case Report. **Pharmacopsychiatry. 2009 Sep; 42(5):204-5. Epub 2009 Sep 1**

21- Mowla A, Pani A. Comparison of Topiramate with Risperidone for treatment of Behavioral Disturbances of Patients with Alzheimer's disease: A Double-Blind Randomized Clinical Trial. **J Clin Psychopharmacol. 2010 Feb; 30(1):40-3.**

22- Mowla A, Sabayan B. Topiramate for Bruxism, Report of two cases. **J Clin Psychopharmacol. 2010 Jun; 30(3):346-7.**

23- Mowla A, Khajeian AM, Sahraian A, Chohedri AH, Kashkoli F. Does Topiramate Augmentation Have Any Effect on Obsessions and Compulsions of Patients with Resistant

Obsessive-Compulsive Disorder? A Double-Blind Placebo-Control Clinical Trial. **CNS Spectr.**

2010 Nov 1. [Epub ahead of print]

24-Mowla A. Medical treatments for Alzheimer disease: Currents treatments, Future trends. A review article. **Teb-e-Jonoub 2010; 13(4):287-292[Article in Farsi]**

25- Mowla A, Kalantarhormozi MR, Khazraee S. Clinical characteristics of patients with major depressive disorder with and without hypothyroidism: a comparative study. **J Psychiatr Pract. 2011 Jan; 17(1):67-71**

26- Mowla A, Kardeh E. Topiramate augmentation in patients with resistant major depressive disorder: A double-blind placebo-controlled clinical trial. **Prog Neuropsychopharmacol Biol Psychiatry. 2011 Jun 1; 35(4):970-3**

27- Akbarzadeh S, Yusefi F, Jafari SM, Khosravizadegan F, Mowla A, et al. Plasma concentration of acylated ghrelin in patients with Alzheimer's disease. **African Journal of Biochemistry Research. 2013 Jan; 7(1):8-12**

28- Mowla A, Hoshmand F, Pani A. A Comparison of the Practice of Electro Convulsive Therapy (ECT) for Psychiatry Patients in Department of Psychiatry, Fatemeh Zahra hospital, Bushehr, Iran 2008-2009. **Teb-e-Jonoub 2013; 16(3): 260-7 [Article in Farsi]**

29-Mowla A. Topiramate for Tic Disorder, A case Report (under review by Prog Neuropsychopharmacol Biol Psychiatry)

30- Dastgheib SA, Ashkani H, Dehbozorgi G, Mowla A. Is ECT, TCAs or SSRIs Different in Reducing Suicidal Intent of Depressive Patients in Acute Phase Treatment? A Randomized Clinical Trial.2008 (Under review by the Journal of Psychiatric Practice)

31- Mowla A., Namazi M.R. Do Selective Serotonin Reuptake Inhibitors Cause Sleep Circadian Rhythm Disturbance by Reducing Melatonin? (Under review by the Journal of Sleep)

32- Mowla A. Depersonalization Symptoms Induced by Citalopram, a Case Report.
(Under review by International Journal of Psychopharmacology)

Presentations:

1. Mowla A. Consultation in Psychiatry. Bushehr University of Medical Sciences. Bushehr , Iran. June 2011 [Invited Speaker].

1. Mowla A. Adolescence Psychiatry. 1st National Congress of adolescence health. Bushehr, Iran. Feb 2010 [Invited Speaker].

2. Mowla A. Does topiramate augmentation have any effect on obsessions and compulsions of patients with Obsessive-Compulsive Disorder? A Double-Blind Placebo-Controlled Clinical Trial. **9th Annual Meeting of Iranian Psychiatric Association.** Tehran, Iran. Dec 2009.

3. Mowla A., Mosavinasab M.,Haghshenas H.,Borhanihaghighi A. Does Serotonin Augmentation have any Effect on Cognition and Activities of Daily Living in Alzheimer's Dementia? A Double-Blind Placebo-Controlled Clinical Trial. **IPA 2007 Osaka Silver Congress,** Osaka, Japan. October 14-18, 2007.

4. Mowla A., Mosavinasab M., Pani A.: Study the effects of Fluoxetine on the cognition of patients with mild cognitive impairments: a double –blind, placebo controlled, clinical trial. **2^{ed} Mediterranean Congress of Neuroscience (supported by IBRO),** Marrakech, Morocco, December13-15, 2006.

5. **Mowla A.**, Mosavinasab M., Pani A.: Study the effects of Fluoxetine on the cognition of patients with mild cognitive impairments: a double –blind, placebo controlled, clinical trial. **10th Iranian Pharmaceutical Sciences Conference (IPSC2006)** Tehran, Iran, August 21-24, 2006.

6. **Mowla A.**, Mowla A Mosavinasab M., Dehbozorgi G. Obsessive Compulsive symptoms in middle school students and its association with Tic Disorder, Body Dimorphic Disorder and Trichotilomnia. **29th Annual Meeting of the Japan Neuroscience Society.** Japan, July 19-21, 2006.

7. **Mowla A.**, Ghanizadeh A. A comparison of effects of Fluoxetine and Nortriptyline on the symptoms of Major Depression Disorder. **International Neuroscience Conference (supported by IBRO)** Al-Ain, United Arab Emirates, 26-29 November, 2005.

Current Researches:

1- Comparing the psychiatry symptoms in Alzheimer patients' caregivers with schizophrenia patients' care givers.

2-Study the prevalence and diagnosis of patients that attempt suicide in Bushehr
(An Epidemiologic Study)

3- Comparing clinical characteristics of hyperthyroid induced anxiety with General Anxiety disorder.

Review For:

Journal of Clinical Psychopharmacology

Journal of Depression and Anxiety

Drug Design, Development and Therapy

Clinical Interventions in Aging

Journal of Opioid Management

Alzheimer Disease & Associated Disorders - An International Journal

Neurocase

Books:

1- First author in translation of “Conquering depression: a guide to understanding symptoms, causes and treatment of depressive illness” by Anthony Levitt to Persian. Nim Negah Publication. Shiraz, Iran. 2002. ISBN: 964-7291-16-7

2- First author in translation of “The only EKG book you will ever need”, 3rd edition, by Malcolm S. Thaler, to Persian. Arjomand publication Co. Tehran, Iran 2001. ISBN: 964-5855-47-0. [Now is in its 4th edition]

3- Coauthor in translation of “Developing Assertiveness” by Anni Townend to Persian. Astan Ghods Razavi Publication. Mashhad, Iran .2000 ISBN: 964-333-014-1

Certifications and Special Trainings:

2006: Certification for “**Research in Pharmaceutical Sciences**” offered by **Iranian Association of Pharmaceutical Scientists**, August 21-24, 2006

2006: “**International English Language Testing, (IELTS)**” certification with overall Band Score of 6.5 held by **The British Council** in Tehran, Iran

2006: Certification for completing a course of “**Introductory on Dissociation & Trauma**” offered by **The International Study of Dissociation**. April 15-18, 2006

2004: Certification for completing a course of “**Writing papers in medical fields workshop**”, held by Vice-chancellor for Research and Technology, Shiraz University of Medical Sciences, Shiraz, Iran

2003: Certification for completing a course of “**Tallasemia and its Management**”, held by Vice-chancellor for Research, Bushehr University of Medical Sciences, Busheher, Iran.

2003: Certification for completing a course of “**Mental Health**”, held by Vice-chancellor for Research, Bushehr University of Medical Sciences, Busheher, Iran.

2003: Certification for completing a course of “**Management of Pediatric Diseases**”, held by Vice-chancellor for Education, Bushehr University of Medical Sciences, Busheher, Iran.

2002: Certification for completing a course of “**Breastfeeding and its benefits**”, held by Vice-chancellor for Education, Bushehr University of Medical Sciences, Busheher, Iran.

2001: “**Basic life support workshop**”, held by Department of Anesthesiology, SUMS, Shiraz, Iran.

1998: Certification for completing a course of “**Diagnosis and Management of Diarrhea**”, held by Vice-chancellor for Hygiene, Shiraz University of Medical Sciences, Shiraz, Iran.

1993: Certification of “**Senior Proficiency in English**” Offered by Iran Language Institute. Shiraz, Iran

Pervious Scientific and Social Activities:

2007: Scientific Referee of the First Iranian international Student Congress on Medical Research and the Eight Iranian Annual Research Congress on Medical Sciences in Shiraz, Iran on may 23-25, 2007.

2005-2006: Editor of Iranian Journal of Medical Sciences (A General Medical Quarterly published by SUMS, eISBN: 1735-3688, indexed in EMBASE / Excerpta Medica and Index Medicus for WHO Eastern Mediterranean Region).

2006: Cooperation with Dr. Reddy Laboratories, Inc to prepare a complete report regarding Citalopram side effects to be submitted to US Food and Drug Administration (FDA).

2004-2005: Instructor of English at Shiraz University Language Institute.

1999-2002: Member of editorial board of DARD monthly, a journal for increasing medical information of general population in Iran published by Teimourzadeh publishing Co, Tehran, Iran.

2000-2001: Scientific Editor of Iranian Student News Agency (ISNA), Fars Province Division.

1992-1996: Volunteer member of Iran's Red Crescent Society for peace and friendship, Shiraz, Iran.

HOBBIES & INTERESTS:

Historical Books, Music, Swimming

LANGUAGES:

Persian, English, French (beginner), Arabic (beginner)

REFERENCES:

Available upon Request.