

Shiraz University of Medical Sciences  
Department of Psychiatry  
Hafez Hospital  
Shiraz, Iran

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*Curriculum Vitae*

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# Ali Sahraian

Date of Birth: 25, 07, 1975

Place of Birth: Shiraz, Iran

Marital Status: Married

## EDUCATION

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2018 – 2019: **Sex and Couple Therapy fellowship**

McGill University, Montreal, Canada

2003 – 2006: **Psychiatry Residency** (Received Board Certification in General Psychiatry)

Shiraz University of Medical Sciences, Shiraz, Iran

Thesis Title: *“Burnout in Hospital Nurses: a comparison of internal, surgery, psychiatry and burns wards”*

1993 – 2000: **MD**

Bushehr University of Medical Sciences, Bushehr, Iran

## SPECIALTY CERTIFICATION

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2006: **Iranian Board of Psychiatry**

## WORK EXPERIENCES

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2011 – 2015: **Chairman of Psychiatry Department**

Shiraz University of Medical Sciences

2009 – 2011: **Vice- chancellor for student’s affairs**

Shiraz University of Medical Sciences

2009 – 2009: **Vice Research Director**

Research Center for Psychiatry and Behavioral Sciences  
Shiraz University of Medical Sciences

2009 – 2010: **Head of Psychiatry Hospital**

Shiraz University of Medical Sciences

2006 – 2008: **Consulting center Director**

Shiraz University of Medical Sciences

## ACADEMIC PROFILE

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1. 2016-Now: Professor, Psychiatry Department, Shiraz University of Medical Sciences
2. 2012-2016: Associate Professor, Psychiatry Department, Shiraz University of Medical Sciences
3. 2009-2012: Assistant Professor, Psychiatry Department, Shiraz University of Medical Sciences
4. 2008-2009: Faculty Member of Psychiatry Department, Shiraz University of Medical Sciences
5. 2007-2009: Collaboration with Shiraz Psychiatry Department

## MEMBERSHIP (SOME SELECTED ONES):

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1. 2013-2018: Member of National Examining Board of Psychiatry
2. 2013-Now: Member of Ethical Committee in Medical Science Researches, Shiraz University of Medical Sciences
3. 2013-Now: Member of Ethics in Medicine committee, Shiraz University of Medical Sciences
4. 2012-Now: Honorable Member of Medical Ethics Department, Shiraz University of Medical Sciences
5. 2010-Now: Member of Family Physician of Community Medicine Department, Shiraz University of Medical Sciences
6. 2009-Now: Member of Research Center for Psychiatry and Behavioral Sciences, Shiraz University of Medical Sciences

## HONORS AND AWARDS:

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1. Top selected Faculty Member, Shiraz University of Medical Sciences in 2016.
2. Top selected Faculty Member, Shiraz University of Medical Sciences in 2011.
3. 1<sup>st</sup> position among Shiraz psychiatry residents in 2006 board examination.
4. 8<sup>st</sup> position (top 10%) among Iran psychiatry residents in 2006 board examination.

## PUBLICATIONS

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- 1- Ahmadi J, **Sahraian A**, Biuseh F. (2019). A randomized clinical trial on the effects of bupropion and buprenorphine on the reduction of methamphetamine craving. *Trials*. Jul 30; 20(1):468.
- 2- Gholamzadeh S, Zarenezhad M, Rezaeian M, Iravani A, Ghorbanzadeh M, **Sahraian A**. (2018). Epidemiology of Husband Abuse in Fars Province Among People Referred to Forensic Medicine Administrations of Shiraz from 2012 to 2014: A Short Report. *Journal of Rafsanjan University of Medical Sciences*. Dec; 17(18):781-788.
- 3- **Sahraian A**, Zamani Mehryan A, Khabir L, Bazrafshan A, Mani A. (2018). The Relationship between Big Five Personality Factors and Premenstrual Syndrome Severity in Child-Bearing Age Women. *ARC Journal of Psychiatry*. Oct; 3(4):3-7.
- 4- Ghanizadeh A, Mosallaei SH, Sharifian Dorche M, **Sahraian A**, Yazdanshenas P. (2018). Use of E-Learning in Education: Attitude of Medical Students of Shiraz, Iran. *Internal Medicine and Medical Investigation Journal*. Sep; 3(3):108-111.
- 5- **Sahraian A**, Ehsaei Z, Mowla A. (2018). Aripiprazole as an adjuvant treatment for obsessive and compulsive symptoms in manic phase of bipolar disorder: A randomized, double-blind, placebo-controlled clinical trial. *Progress in Neuropsychopharmacology & Biological Psychiatry*. Jun; 8(84):267-271.
- 6- Homayoufar A, Aminsharifi A, Salehi A, **Sahraian A**, Dehshari SH, Bahrami M. (2018). A Randomized Double-blind Placebo-controlled Trial to Assess the Effect of

Tamarind seed in Premature Ejaculation. *Advanced Biomedical Research*. Apr; 7(1):59-64.

- 7- Jelodar G, Javid Z, **Sahraian A**, Jelodar S. (2018). Saffron improved depression and reduced homocysteine level in patients with major depression: A Randomized, double-blind study. *Avicenna J Phytomedicine*. Jan-Feb; 8(1):43-50.
- 8- Hemyari C, Zomorodian K, **Sahraian A**, Mardani Z, Sarkari B, Ahmadi N. (2017). Impact of Students Class Attendance on Recalling Previously Acquired Information. *Journal of Medical Education*. Fall; 16(4):208-214.
- 9- **Sahraian A**, Jahromi LR, Ghanizadeh A, Mowla A. (2017). Memantine as an Adjuvant Treatment for Obsessive Compulsive Symptoms in Manic Phase of Bipolar Disorder: A Randomized, Double-Blind, Placebo-Controlled Clinical Trial. *J Clinical Psychopharmacol*. April; 37(2):246-249.
- 10- **Sahraian A**, Hedayati SB, Mani A, Hedayati A. (2016). Internet Addiction Based on Personality Characteristics in Medical Students. *Shiraz E-Medical Journal*. October; 17(10):e41149.
- 11- **Sahraian A**, Ebrahimi F, Toubaei SH, Ahmadzadeh L, Mani A. (2016). Family Structure and Personality Traits in Suicidal Patients: Comparison between User and Non- user of Mental Health Services. *Journal of Research & Health*. Sep & Oct; 6(4):390-396.
- 12- Asadi-Pooya AA, Razavizadegan MA, **Sahraian A**, Sahmeddini MA. (2016). Adjunctive use of electroconvulsive therapy in patients with Lennox-Gastaut syndrome and drug-resistant epilepsy: A pilot study. *Med J Islam Repub Iran*. September; 30:413.
- 13- **Sahraian A**, Jelodar S, Javid Z, Mowla A, Ahmadzadeh L. (2016). Study the Effect of Saffron on Depression and lipid profiles: A Double Blind Comparative Study. *Asian Journal of Psychiatry*. Aug; 22:174-6.
- 14- **Sahraian A** (Corresponding author), Hemyari C, Ayatollahi M, Zomorodian K. (2016). Workplace Violence against Medical Students in Shiraz, Iran. *Shiraz E-Medical Journal*. April; 17(4-5):e35754.
- 15- **Sahraian A**, Bahmanipoor A, Amooee S, Mahmoodian H, Mani A. (2016). Marital Maladjustment in Infertile Couples Who Referred to Ghadir Mother and Child Hospital, Shiraz. *Womens Health Bull*. April; 3(2):e30895.

- 16-Ahmadi J, **Sahraian A**, Dastgheib SA, Mani A, Mowla A, Ahmadzadeh L. (2016). ECT and Methamphetamine Psychosis (Case Study). *Journal of International Research in Medical and Pharmaceutical Sciences*. 7(1):51-53.
- 17-Ahmadi J, **Sahraian A**, Shariati S, Ghanizadeh Kazerooni F, Mehdipour Z, Rayatpisheh M, Samani S. (2015). Delusional disorder joined opioid dependence (Case Report). *Scholars Journal of Applied Medical Sciences*. 3(9D):3387-3390.
- 18-Ahmadi J, **Sahraian A**, Shariati S, Ghanizadeh Kazerooni F, Mehdipour Z, Rayatpisheh M, Samani S. (2015). Homicidal patient with major depressive disorder companion with opium dependence: a new arcade (Case Report). *International Journal of Research and Reports*. 1(1):1-5.
- 19-**Sahraian A**, Mokhtari M, Moaref A, Rezaee V, Moghimi E, Mani A. (2015). Hypertensive Patients and Normotensive Persons: Differences in Anger Inventory. *Int Cardiovasc Res J*. December; 9(4):216-219.
- 20- Ahmadi J, **Sahraian A**, Dastgheib SA, Moghimi Sarani E, Bazrafshan A. (2015). Treatment of heroin abuse (Case Report). *Scholars Academic Journal of Biosciences*. 3(11):966-968.
- 21-**Sahraian A**, Ghanizadeh A, Hashemi SH, Mohammadi MR, Ahmadzadeh L. (2015). Prevalence and Predictors of Domestic-Violence towards Wives by their Psychiatric Hospitalized Husbands. *Iranian Journal of Psychiatry*. 10(4):233-238.
- 22-Fereidooni S, Gharaei B, Birashk B, **Sahraian A**, Hoseini SMD. (2015). The Efficacy of Group Behavioral Activation Treatment as a supplemental treatment for pharmacotherapy in Inpatients with Depressive Disorders. *Journal of Mood Disorders*. 5(3):104-12.
- 23-Ahmadi J, **Sahraian A**, Dastgheib SA, Mowla A, Ahmadzadeh L. (2015). Management of Methamphetamine-Induced Psychosis by 8 sessions of ECT (Case Report). *Scholars Journal of Applied Medical Sciences*. 3(3H):1565-1566.
- 24-**Sahraian A**, Ghanizadeh A, Kazemeini F. (2015). Vitamin C as an adjuvant for treating major depressive disorder and suicidal behavior, a randomized placebo-controlled clinical trial. *Trials*. Published: 14 March 2015.

- 25-Mowla A, **Sahraian A**, Hushmand F, Hushmand F. (2015). Study the Utilization and Practice of ECT in South of Iran (Letter to the Editor). *Asian Journal of Psychiatry*. April; 14:65-66.
- 26-Ashjazadeh N, Kashani K, **Sahraian A**, Asadi-Pooya AA. (2014). Frequency of Depression and Anxiety among Patients with Psychogenic Non-Epileptic Seizures. *Galen Medical Journal*. December; 3(4):202-6.
- 27-**Sahraian A**, Sharifian M, Geramizadeh A, Malek-Hosseini SA. (2014). Psychiatric Disorders and their Association with Liver Transplant Outcome in Iran (Letter to the Editor). *International Journal of Organ Transplantation Medicine*. November; 5(4):179-80.
- 28- **Sahraian A**, Bigdeli M, Ghanizadeh A, Akhondzadeh S. (2014). Topiramate as an adjuvant treatment for obsessive compulsive symptoms in patients with bipolar disorder: A randomized double blind placebo controlled clinical trial. *Journal of Affective Disorders*. September; 166:201-205.
- 29- Mani A, **Sahraian A** (Corresponding author), Fouladivanda Z. (2014). Assessment of cognitive inhibition in patients with obsessive-compulsive disorder. *Shiraz E-Medical Journal*. July; 15(2):e20590.
- 30- **Sahraian A** (Corresponding author), Omidvar B, Ghanizadeh A, Bazrafshan A. (2014). Association of job stress with locus of control in nurses. *Shiraz E-Medical Journal*. April; 15(2):e20588.
- 31-Javadpour A, Sehatpour M, Mani A, **Sahraian A**. (2013). Assessing Diagnosis and Symptoms Profile of Late-Life Psychosis. *GeroPsych*. Dec; 26(4):205-209.
- 32- **Sahraian A** (Corresponding author), Davidi F, Bazrafshan A, Javadpour A. (2013). Occupational Stress among Hospital Nurses: Comparison of Internal, Surgical, and Psychiatric Wards. *IJCBNM*. October; 1(4):182-190.
- 33-Hemyari C, Zomorodian K, Ahrari I, Tavana S, Parva M, Pakshir K, Jafari P, **Sahraian A**. (2013). The mutual impact of personality traits on seating preference and educational achievement. *European Journal of Psychology of Education*. Sep; 28(3):863-877.
- 34- **Sahraian A**, Mani A, Rezaee V, Javadpour A, Mahjoor AA. (2013). Relation between Religious Attitude and Depression among Medical Students. *World Applied Sciences Journal*. 22(10):1426-1430.

- 35- Ghanizadeh A, Nikseresht MS, **Sahraian A.** (2013). The effect of zonisamide on antipsychotic-associated weight gain in patients with schizophrenia: a randomized, double-blind, placebo-controlled clinical trial. *Schizophr Res.* Jun; 147(1):110-5.
- 36- **Sahraian A,** Gholami A, Javadpour A, Omidvar B. (2013). Association between Religiosity and Happiness among a Group of Muslim Undergraduate Students. *J Relig Health.* Jun; 52(2):450-3.
- 37- **Sahraian A** (Corresponding author), Vakili SM. (2012). Studying the Happiness level among medical students of Shiraz medical Sciences University in 2010. *Shiraz E-Medical Journal.* October; 13(4):110-5.
- 38- Ekramzadeh S, Javadpour A, Draper B, Mani A, Withall A, **Sahraian A.** (2012). Prevalence and correlates of suicidal thought and self-destructive behavior among an elderly hospital population in Iran. *Int Psychogeriatr.* Sep; 24(9):1402-8.
- 39- Ghanizadeh A, Bahrani M, Miri R, **Sahraian A.** (2012). Smell identification function in children with attention deficit hyperactivity disorder. *Psychiatry Investig.* Jun; 9(2):150-3.
- 40- Zomorodian K, Parva M, Ahrari I, Tavana S, Hemyari C, Pakshir K, Jafari P, **Sahraian A.** (2012). The effect of seating preferences of the medical students on educational achievement. *Med Educ Online.* Epub 2012 May 16.
- 41- Javadpour A, **Sahraian A,** Rahman-Haghighi A. (2012). Impact of Shift Work on General Health Status of Medical Residents. *Shiraz E-Medical Journal.* April; 13(2):77-81.
- 42- Roozbeh J, Sharifian M, Ghanizadeh A, **Sahraian A** , Sagheb MM , Shabani S, Jahromi AH, Kashfi M, Afshariani R. (2011). Association of Zinc Deficiency and Depression in the Patients With End-stage Renal Disease on Hemodialysis. *J Ren Nutr.* 21(2):184-187.
- 43- Mowla A, Khajeian AM, **Sahraian A,** Chohedri AH, Kashkoli F. (2010). Topiramate Augmentation in Resistant Obsessive Compulsive Disorder: A Double-Blind Placebo- Controlled Clinical Trial. *CNS SPECTRUMS.* November; 15(11):579-583.

- 44- **Sahraian A** (Corresponding author), Sharifian M, Omidvar B, Javadpour A. (2010).Prevalence of Substance Abuse Among the Medical Students in South Iran. Shiraz E-Medical Journal. October; 11(4):198-202.
- 45- Rezaei V, Mohammadi MR, Ghanizadeh A, **Sahraian A**, Tabrizi M, Rezazadeh SH, Akhondzadeh SH. (2010).Double-Blind Placebo-Controlled Trial of Risperidone Plus Topiramate in Children With Autistic Disorder. Progress in Neuro-Psychopharmacology and Biological Psychiatry. 34:1269-1272.
- 46- **Sahraian A**, Javadpour A. (2010).Sleep Disruption and its Correlation to Psychological Distress among Medical Students. Shiraz E-Medical Journal. jan; 11 (1):12-17.
- 47- Javadpour A, Ghetmiri A, **Sahraian A** (Corresponding author), Mani A. (2009). Psycholigal Stressors and Burden of Medical Conditions in Adults: A Psychosomatic Approach. Iran J Psychiatry. Summer; 4(3): 107-111.
- 48- Zaman B, Radmehr M, **Sahraian A** (Corresponding author), Sohrabi P. (2009). Determiation of the ratio and causes of unused blood ordered from blood bank blood in elective surgery in Rasoul-e-Akram Hospital. Sci J Blood Transfus Organ. 6 (2):141-146.
- 49- Doostkam S, Bohl J.R.E, **Sahraian A**, Mahjoor A.A. (2008). Amyloid deposits in senile vertebral arteries, immunohistological and ultra structural findings. Pakistan Journal of biological sciences. jul 15; 11(14):1852-5.
- 50- Ghanizadeh A, **Sahraian A**. (2008). Suicidal attempters and non attempters with bipolar disorder in Iran. Depression and anxiety. 25(10):E111-4.
- 51- **Sahraian A**, Fazelzadeh A, Mehdizadeh AR, Toobae SH. (2008). Burnout in Hospital Nurses: a comparison of internal, surgery, psychiatry and burns wards. Int Nurs Rev. mar; 55(1):62-67.
- 52-Mowla A, Firoozabadi A, Haghighi AB, **Sahraian A**. (2007). Mega dose clonazepam Dependence: A case report. Journal of clinical psychopharmacol. 27 (5):542-543.
- 53- Ghanei M, Kazemi F, Sahraian R, **Sahraian A** (Corresponding author) . (2007). the comparison of headache following general anesthesia with halothane or isoflurane in educational hospitals of Jahrom. Ofogh-e-Danesh. 13(3):52-58.



## PRESENTATION AT INTERNATIONAL CONGRESS

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1. **Sahraian A**, Bahreini SH, Mani A. Spousal abuse in married women with suicidal attempt in Shiraz, Iran. Presented at the 24<sup>th</sup> European Congress of Psychiatry 2016, Madrid, Spain, March 12-15, 2016... Published in *European Psychiatry* vol. 33 .2016. p. 330.
2. **Sahraian A**, Hedayati A. Mental Stress, Depression and Cardiovascular Disease. Presented at the 4<sup>th</sup> International Preventive Cardiology Congress, 2015 , Shiraz, Iran, 30 September-2 October, 2015.
3. **Sahraian A**, Heydarpour Ganje H, Rezaee V. Relationship between quality of work life and mental health of Shiraz University of medical sciences employees, in 2010. Presented at the 2<sup>nd</sup> Interdisciplinary Congress, Psychiatry and Related Sciences, 2014, Athens, Greece, October 30-November 2, 2014.
4. **Sahraian A**, Bahmanpoor A, Amooee S, Rezaee V. Frequency of marital adjustment among infertile couples. Presented at the 2<sup>nd</sup> Interdisciplinary Congress, Psychiatry and Related Sciences, 2014, Athens, Greece, October 30-November 2, 2014.
5. **Sahraian A**, Gorjizadeh M, Javadpour A, Mani A. A Comparison of Mean Scored of Happiness in Athlete Girl Students of Shiraz University of Medical Sciences in 2011. Presented at the World Psychiatric Association International Congress 2012, Focusing on Access, Quality and Humane Care, Prague, Czech Republic, October 17-21, 2012.
6. **Sahraian A**, Javadpour A, Mani A. Assessing correlation of shift work to mental health status in medical residents of Shiraz University of Medical Sciences. Presented at the 3<sup>rd</sup> world congress of Asian Psychiatry 2011, Melbourne, Australia, 31 July -4 August, 2011... Published in *Asian Journal of Psychiatry* vol. 4 July, 2011. p. S78.
7. **Sahraian A**, Mani A, Rezaei V. Relation between religious attitude and depression among Shiraz University Medical Sciences. Presented at the 12<sup>th</sup> European Congress of Psychology 2011.Istanbul, Turkey, July 4-8, 2011.
8. **Sahraian A**, Javadpour A, Mani A. Sleep quality and its correlation to general health status in health care students. Presented at the 19<sup>th</sup> European Congress of Psychiatry 2011, Vienna, Austria, March 12-15, 2011... Published in *European Psychiatry* vol. 26 .2011. p. 1565.