

Shiraz University of Medical Sciences  
Department of Traditional Persian  
Medicine  
[street]  
[city], [state] [zip]  
Iran

mnimruzi@yahoo.com  
Phone  
Mobile: [mobile]  
Fax: [fax]  
Website: <http://www.tebparsi.ir/>

## Majid Nimrouzi, MD, MPH, PhD

[https://www.researchgate.net/profile/Majid\\_Nimrouzi](https://www.researchgate.net/profile/Majid_Nimrouzi)

### Education

*Feb 2009 – Sep 2013* **Tehran University of Medical Sciences**  
MPH, PhD., Traditional Medicine  
Tehran, Iran

### Thesis

### Research Experience

*Dec 2014 – Feb 2015* **Faculty member**  
Shiraz University of Medical Sciences, Research Center for Traditional  
Medicine and History of Medicine  
Shiraz, Iran

*Jan 2008 – present* **Researcher**  
Shiraz University of Medical Sciences, Research center of Traditional  
Medicine and History of Medicine  
Shiraz, Iran

### Statistics

*RG Score* 18.75  
*Publications* 55  
*Reads* 3,463  
*Citations* 46

## Awards & Grants

## Skills & Activities

*Skills* Traditional Medicine, Medical Science, Herbal Medicine, Alternative Medicine, Massage Therapy , Clinician, researcher in Persian traditional medicine, Didactics, Poetry, Translation, pulsology, Complementary & Alternative Medicine, Massage, Integrative Medicine, Mind-Body Medicine, Complementary Medicine, Islamic Medicine, Dreams, Complementary Therapies, Acupressure, Educational Theory, Energy Medicine, Constipation, Gastroenterology, Chinese Herbal Medicine, Treatment, Holistic Health, children constipation, Diagnosis, Health, Medical & Health Profession Education, Nutrition, Cupping Therapy, Authorship, Clinical Trials, Herbs, Controlled Clinical Trial, Clinical Trial Management, Evidence Based Medicine, Manual Therapy, Teaching Methods, History of Medicine, Chronic Disease

*Languages* English, Persian

*Scientific*

*Memberships*

*Interests* Didactic poem

## Publication Highlights

[authors]: *[title]*. [details]

## Books

Majid Nimrouzi: *Acicenna's poem on medicine(Urjuze-Tebbi)*. 1st edition 03/2011; Navid-e-Shiraz., ISBN: 978-600-192-086-8

## Book Chapters

## Journal Publications

Babak Daneshfard, Vahid Tafazoli, Majid Nimrouzi: *Pitfalls of Animal Study: Avicenna's View*.

Rahimeh Akrami, Mohammad Hashem Hashempur, Ali Tavakoli, Majid Nimrouzi, Mehrab Sayadi, Maryam Roodaki, Jamshid Roozbeh, Pouya Faridi: *Effects of Fumaria parviflora L on Uremic Pruritus in Hemodialysis Patients: A Randomized, Double-Blind, Placebo-Controlled Trial*. Jundishapur Journal of Natural Pharmaceutical Products 09/2016; inpress(inpress). DOI:10.17795/jjnpp-39744

- Zahra Hajmohammadi, Mojtaba Heydari, Majid Nimrouzi, Pooya Faridi, Mohammad Javad Zibaeenezhad, Gholamhossein Ranjbar Omrani, Mesbah Shams: *Efficacy and safety of Rhus coriaria L. in patients with hyperlipidemia: A randomized controlled trial*. European Journal of Integrative Medicine 09/2016; 8. DOI:10.1016/j.eujim.2016.08.032
- Majid Nimrouzi, Vahid Tafazoli, Babak Daneshfard, Manijhe Zare: *Optimal fluid intake in daily diet: Avicenna's view*. Journal of integrative medicine 07/2016; 14(4).
- Majid Nimrouzi, Vahid Tafazoli, Babak Daneshfard, Manijhe Zare: *Optimal fluid intake in daily diet: Avicenna's view*.
- Mohammad Mahdi Parvizi, Alireza Salehi, Majid Nimrouzi, Mahdiyeh Hajimonfarednejad, Fatemeh Amini, Zahra Parvizi: *The relation between body mass index and temperament, based on the knowledge of traditional persian medicine*. Iranian Journal of Medical Sciences 06/2016; 41(41 3).
- Majid Nimrouzi, Babak Daneshfard, Vahid Tafazoli: *Avicenna's View on Optimal Daily Water Intake*. Iranian Journal of Medical Sciences 05/2016; 41(3).
- Zahra Hajmohammadi, Mesbah Shams, Mohammad Javad Zibainejad, Majid Nimrouzi, Pouya Fardidi, Mojtaba Heydari: *Rhus Coriaria L. (Sumac) in Patients with Hyperlipidemia; A Double Blind Randomized Clinical Trial*. Iranian Journal of Medical Sciences 05/2016; 41(3).
- Vahid Tafazoli, Majid Nimrouzi, Babak Daneshfard: *Porosity and Health: Perspective of Traditional Persian Medicine*. Iranian Journal of Medical Sciences 05/2016; 41(3).
- Fatemh Atarzadeh, Amir Jaladat, Ladan Dastgheib, Gholamreza Amin, Majid Nimrouzi, MoMohammad Kamalinejad: *Cassia fistula: A remedy from Traditional Persian Medicine for treatment of cutaneous lesions of pemphigus vulgaris*. Avicenna Journal of Phytomedicine 01/2016;
- Majid Nimrouzi, Mohammad M. Zarshenas: *Holistic approach to functional constipation: Perspective of traditional Persian medicine*. Chinese Journal of Integrative Medicine 11/2015; DOI:10.1007/s11655-015-2302-3
- Yasaman Vazani, Maryam Kashanian, Mansoor Keshavarz, Majid Nimrouzi: *Traditional Persian Medicine: Nutritional measures in 9th month of pregnancy*. BMJ Clinical Research 11/2015;
- Mojtaba Heyadri, MH Hashempur, MH Ayati, Detlev Quintern, Majid Nimrouzi, SH Mosavat: *The use of Chinese herbal drugs in Islamic medicine*. Journal of integrative medicine 11/2015; 13(6-6). DOI:10.1016/S2095-4964(15)60205-9
- Majid Nimrouzi, Mohammad M Zarshenas: *Management of anorexia in elderly as remarked by medieval Persian physicians*. AMHA - Acta Medico-Historica Adriatica 09/2015;
- Majid Nimrouzi, Alireza salehi, Alireza Ahmadi, Hossein Kiani: *Avicenna's medical didactic poems: Urjuzeh Tebbi*. AMHA - Acta Medico-Historica Adriatica 09/2015;

- Seyed Morteza Emami Alorizi, Mohammad Reza Fattahi, Seyed Ahmad Saghebi, Alireza Salehi, Hossein Rezaeizadeh, Majid Nimrouzi, Mohammad M Zarshenas: *Assessment of the impacts of traditional Persian medical schemes and recommendations on functional chronic constipation compared to a classic medicine lactulose, a randomized clinical trial*. Journal of Complementary and Integrative Medicine 07/2015; 12(4). DOI:10.1515/jcim-2015-0013
- Majid Nimrouzi, Mohammad Mahdi Zarshenas: *Phytochemical and pharmacological aspects of *Descurainia sophia* (L.) Webb ex Prantl: modern and traditional applications*. Avicenna Journal of Phytomedicine 06/2015; 6(3).
- Mohammad E. Zohalinezhad, Mohammad Kazem Hosseini-Asl, Rahimeh Akrami, Majid Nimrouzi, Alireza Salehi, Mohammad M. Zarshenas: *Myrtus communis L. Freeze-Dried Aqueous Extract Versus Omeprazol in Gastrointestinal Reflux Disease: A Double-Blind Randomized Controlled Clinical Trial*. 06/2015; 21(1). DOI:10.1177/2156587215589403
- Majid Nimrouzi, Omid Sadeghpour, Mohammad Hadi Imanieh, Mohammadreza Shams Ardekani, Alireza Salehi, Mohamad Bagher Minaei, Mohammad M. Zarshenas: *Flixweed vs. Polyethylene Glycol in the Treatment of Childhood Functional Constipation: A Randomized Clinical Trial*. Iranian Journal of Pediatrics 04/2015; 25(2). DOI:10.5812/ijp.425
- Majid Nimrouzi, Safoora Borzoo, Alireza Salehi: *Anorexia from viewpoints of Hakim Arzini in Mizan-al-Tib*.
- M. Nimrouzi, A. Salehi, A. Ahmadi, H. Kiani: *Avicenna's medical didactic poem: Urjuzehtebbi*.
- Mehdi Pasalar, Majid Nimrouzi, Rasool Choopani, Mahmoud Mosaddegh, Mohammad Kamalinejad, Abolali Mohagheghzadeh, Kamran Bagheri Lankarani: *Functional dyspepsia: A new approach from traditional Persian medicine*. Avicenna Journal of Phytomedicine 01/2015; 6(2).
- Majid Nimrouzi, Maryam Bemani, Manije Zare, Samaneh Zazerani, Najmeh Soltanabadi, Maryam Fathi, Marzieh Firuzpour: *Role of body temperature on health: traditional and conventional*.
- Amirhossein Babaei, Majid Nimrouzi, M Abedinirad: *The comparison of Avicenna's view and modern medicine about gout*.
- Majid Nimrouzi, Mohammad M. Zarshenas: *Functional constipation in children: non-pharmacological approach*. Journal of integrative medicine 10/2014; 13(2). DOI:10.1016/S2095-4964(15)60152-2
- Majid Nimrouzi, Manijhe Zare: *Principles of Nutrition in Islamic and Traditional Persian Medicine*. Journal of Evidence-Based Complementary and Alternative Medicine 07/2014; DOI:10.1177/2156587214542006
- Majid Nimrouzi, Omid Sadeghpour, Mohammad-Hadi Imanieh, Mohammadreza Shams-Ardekani, Mohammad Mehdi Zarshenas, Alireza Salehi, Mohamad-Bagher Minaei: *Remedies for Children Constipation in Medieval Persia*. 02/2014; 19(2). DOI:10.1177/2156587214524579

Majid Nimrouzi, Ali Mahbodi, Amir-Mohammad Jaladat, Abbas Sadeghfard, Mohammad M Zarshenas: *Hijamat in Traditional Persian Medicine: Risks and Benefits*. 02/2014; 19(2). DOI:10.1177/2156587214524578

Majid Nimruzi: *COMMENT : stroke* - .

Majid Nimruzi: *Childhood constipation*. BMJ Clinical Research 02/2014; 345.

Marzieh Chorum, Majid Nimrouzi: *Introduction of Iranian famous physicians: Yoohanna-ibn-Massavayh*.

Majid Nimruzi, Alireza Salehi, Mohamad-Hadi Imanieh: *Aghili's Viewpoints about Vertigo in Moalejat*.

Majid Nimrouzi, Alireza Salehi, Mohammad-Hadi Imanieh: *Impotence and Iranian traditional medicine*.

Amir-Mohammad Jaladat, Fatemeh Attarzadeh, Marzieh Chorum, Majid Nimrouzi: *Iranian Sages' Viewpoints about "Dalk" (Massage) in Ghotb-ed-din Shirazi 's book "Tohfe-ye-Sa'adieh"*.

armin akbrzadeh, alireza salehi, majid nimruzi: *Preventive medicine from the perspective of Hakim Jorjani*.

Amir-Mohammad Jaladat, Majid Nimrouzi, Mehrdad Karimi, Mamak Hashemi, Mehdi Falah, Fatemeh Attarzadeh: *Massage Therapy in Iranian Traditional Medicine*. 09/2012;

Moeinodin Abedinirad, Majid Nimrouzi, Amir Hossein Babaei: *Studying the opinions and experiences of Dr. Ahmadih about therapeutic effects of the traditional product ,descurainiasophia*.

Majid Nimruzi, Gholamreza Kordafshar, Amir-Mohammad Jaladat: *An overview of the uses and side effects of cupping (hejamat) in Iranian traditional medicine..*

Mahmood Nejabat, B. Maleki, Majid Nimrouzi, A. Mahbodi, A. Salehi: *Avicenna and Cataracts: A New Analysis of Contributions to Diagnosis and Treatment from the Canon*. International journal of the Iranian Red Crescent Society 01/2012; 14(5).

Majid Nimruzi, Hossein Kiani, Maryam Parsaei: *Introduction of an Outstanding Scientist of Iranian and Islamic Traditional Medicine: Emadodin Mahmoud-Ibn Masoud Shirazi..*

Majid Nimruzi: *Palpitation (Khafaghan) in Traditional Persian Medicine resources*.

Majid Nimrouzi, Alireza Salehi, Abdolali Mohagheghzadeh, Hossein Kiani, Mohammad-Hadi Imanieh, Mahmood Nejabat: *Didactic poem in traditional medicine: the study of Avicenna's poem on medicine*.

## Patents

## Conference Proceedings

Vahid Tafazoli, Majid Nimrouzi, Babak Daneshfard: *Porosity and Health: Perspective of Traditional Persian Medicine*. National Conference on Evidence-Based Traditional Medicine and Pharmacy, Shiraz, Iran; 05/2016

Majid Nimrouzi, Babak Daneshfard, Vahid Tafazoli: *Avicenna's view about optimal daily water intake*. National Conference on Evidence-Based Traditional Medicine and Pharmacy, Shiraz, Iran; 05/2016

Mohammad Mahdi Parvizi, Majid Nimrouzi, Fatemeh Attarzadeh, Mojtaba Heydari, Mahdiyeh Hajimonfarednejad, Alireza Salehi, Zahra Parvizi: *The Advices of Traditional Medicine for Pregnant Women Traditional medicine on the advice of pregnant women*. the 3rd international conferences on women's health; 05/2014

Majid Nimrouzi, Mohammad-Mehdi Parvizi: *Islamic philosophers' ideas on dreams*. The first international conference on holy Prophet Mohammad's Tradition in Medicine; 01/2014

Majid Nimrouzi: *Will and Testament from Qutb al-Din Shirazi, for physicians*. Qutb al-Din Shirazi; 11/2012

## Technical Reports