

# **Curriculum Vitae**

**Ali Tavakoli, M.D, MPH, PhD**

## **Personal Information:**

First name: Ali

Last name: Tavakoli

Nationality: Iranian

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## **Academic Qualifications:**

1998, Medical Doctor (MD), Shiraz University of Medical Sciences, Shiraz, Iran.

2007, Master in Public Health (MPH), Shiraz University of Medical Sciences, Shiraz, Iran.

2018, PhD in Traditional Persian Medicine, Shiraz University of Medical Sciences, Shiraz, Iran.

## **Thesis:**

### **MD**

Evaluation and comparison of urinary tract infection in 154 male and female outpatients in terms of type of microorganism and predisposing factors.

Supervisor: Dr. Parviz Khajehdehi

### **MPH**

Investigating some risk factors of low birth weight in born babies in Darab Hospital at 2001-2006.

Supervisor: Dr. Mohammad Hadi Imanieh

### **PhD**

Evaluation the effect of Rose (*Rosa damascena mill L*) Oil Soft Capsules on Clinical Outcomes in Ulcerative Colitis: A randomized double-blind placebo-controlled clinical trial.

Supervisor: Dr. Seyed Alireza Taghavi

## **Honors and Awards:**

First top student in traditional Persian Medicine PhD Comprehensive exam at Shiraz University of Medical Sciences, 2014

First top student in traditional Persian Medicine PhD graduates (entrance September 2012) at Shiraz University of Medical Sciences, Shiraz, Iran.

Awarded as Annual Best staff, Shiraz University of Medical Sciences, 2010.

## **Work Experience:**

Advisor of vice chancellor of Development, Management and Resource, Shiraz University of Medical Sciences, Shiraz, Iran, Jun. 2018.

Manager of Support, Shiraz University of Medical Sciences, Shiraz, Iran, 2008-2018.

Head of Health and Treatment Network in Darab County, Shiraz University of Medical Sciences, Iran, 2005-2008.

Head of Health and Treatment Network in Zarrin Dasht County, Shiraz University of Medical Sciences, Iran, 2001-2005.

Member of Technical and Specialist Committee of Support affairs the Ministry of Health and Medical Education since 2014.

Member of the Executive Committee of 3rd Shiraz International mHealth Congress, 2018-2019.

Executive manager of national food security project, Zarrin Dasht County, Shiraz University of Medical Sciences, 2001-2005.

Executive manager of national MMR vaccination project, Zarrin Dasht County, Shiraz University of Medical Sciences, 2001.

General practitioner, Mamasani County, Iran, 1999-2001.

## **Membership in Scientific Societies:**

Member of board of directors of Iranian Scientific Association of Traditional Medicine, Fars province branch, since July 2015.

Member of Iranian Scientific Association of Traditional Medicine since 2015.

Member of the Scientific Committee of 3rd Shiraz International mHealth Congress 2018-2019.

## **Certifications:**

General courses: 441 hrs

Special courses: 1413 hrs

Manager courses; 58hrs

## **Educational workshops: (with certification)**

English for presentation in conferences and seminars: sixth hour on August 4<sup>th</sup>, 2019

English for Academic Writing: twelve hour on August 18<sup>th</sup> -19<sup>th</sup>, 2019

Endnote x9: sixth hour on September 25<sup>th</sup>, 2019

Research proposal and study designs: sixth hour on December 7<sup>th</sup>, 2019

Power Analysis in Clinical Studies: sixth hour on December 18<sup>th</sup>, 2019

How to write a good paper: twelve hour on December 30<sup>th</sup> 31<sup>th</sup>, 2019

## **Publications:**

1. **Tavakoli A**, Lotfi M, Kavosi Z, Zarifi M, Ayoubian A. Utilization Review of Specialized Services and Underlying Social Factors among Urban Families in Fars Province, Iran. Arch Iran Med. 2016 Jan; 19(1):39-45. doi: 0161901/AIM.008.

2. Chaijan MR, Handjani F, Zarshenas M, Rahimabadi MS, **Tavakkoli A**. The myrtus communis L. solution versus ketoconazole shampoo in treatment of dandruff: A double blinded randomized clinical trial. J Pak Med Assoc. 2018 May; 68(5):715-720.

3. Akrami R, Hashempur MH, **Tavakoli A**, Nimrouzi M, Sayadi M, Roodaki M, Roozbeh J and Faridi P. Effects of Fumaria parviflora L on Uremic Pruritus in Hemodialysis Patients: A Randomized, Double-Blind, Placebo-Controlled Trial. Jundishapur J Nat Pharm Prod. 2016; impress: e39744.

4. Hatam N, Zarifi M , Lotfi M, Kavosi Z, **Tavakoli A**, The relationship between quality of work life and human resource productivity in knowledge workers. Journal of health management and informatics. 2014; 1(3):59-65.

5. Hatam N, Kavosi Z, Lotfi M, Zarifi M, **Tavakoli A**, Rahimi MK. Localization of the Knowledge Workers' Productivity Questionnaire and Evaluation of the Productivity of

Knowledge Workers of the Central Field of Shiraz University of Medical Sciences. The International Journal of Travel Medicine and Global Health.2014; 2(2):51-60.

6. **Tavakoli A**, Shirzad M, Taghavi AR, Fattahi MR, Ahmadian-Attari MM, Mohammad Taghizadeh L, Rostami Chaijan M, Sedigh Rahimabadi M, Akrami R, Pasalar M. Efficacy of Rose Oil Soft Capsules on Clinical Outcomes in Ulcerative Colitis: A Pilot Randomized Double-blind Placebo-controlled Clinical Trial. Galen Medical Journal.2019; 8:1307.

### Congress presentation:

- 1.Imanieh MH, **Tavakoli A**, Sayadi M, Hasanzadeh J. The effect of some risk factors on low birth weight by using logistic regression model. 6th Iranian Congress Of Epidemiology And Public Health.13-15 July 2010, Shahrud, Iran.
2. Pasalar M, Mosaffa-Jahromi M, **Tavakoli A**. Herbs as Antifungal Agents; an Example Derived from Traditional Persian Medicine. Current Medical Mycology 2015;1(Suppl1): 13-13.
- 3.Pasalar M, Rezaeizadeh H, Ranjbar M, Heydari M, **Tavakoli A**. Prevention of epilepsy from the viewpoint of Traditional Persian Medicine. European Journal of Integrative Medicine 8S (2016) 1–66.
4. **Tavakoli A**, Tavakoli F, Pasalar M, rostami M. Tinnitus, treatment from the viewpoint of Traditional Persian Medicine. BMC Complementary and Alternative Medicine 2017, 17(Supp 1):P309.
5. **Tavakoli A**. *Plantago Ovata* (Esfarzeh) in prevention and treatment of acute radiation dermatitis. Breast Can Curr Res 2017, 2:5 (Suppl) DOI: 10.4172/2572-4118-C1-012.
6. **Tavakoli A**, Tavakoli F, Miri M, Pasalar M. *Plantago Ovata* (Esfarzeh), in treatment of radiation- induced diarrhea. GA2017. 3-7 sep, 2017, Basel, Switzerland.
7. Pasalar, M, Mosaffa-Jahromi, M, Mosaffa, M, **Tavakoli A**. Healthy heart with quotidian foods; persian medicine perspective. Complement Med Res 2018; 25(supp 1) :IV.
8. **Tavakoli A**, Tavakoli F, Miri M. Therapeutic effects of quince in traditional persian medicine. Complement Med Res 2018; 25(supp 1): IV.
9. Pasalar, M, Shirzad M, **Tavakoli A**, Ahmadian-Attari MM, Mohammad Taghizadeh L. A Preliminary Study on Rosa damascena Mill L. Oil in Ulcerative Colitis Patients. Advances in Integrative Medicine2019; 6, S36-S37.

**Speech at the one-day conference on the treatment of respiratory diseases from the perspective of traditional persian medicine**

