

**Curriculum Vitae of
Tahereh Poordast M.D.,**

Assistant Professor of Obstetrics and Gynecology

Personal data:

Nationality: Iranian
Date of birth:
Place of birth: Shiraz, Iran
Gender: Female
Marital Status: Married
Children: Two,
Address: Gynecology Office, Shahid Faghihi Hospital, Shiraz
University of Medical Sciences, Shiraz, Iran
Phone Number: +98 917 7040615
Fax Number: +98 711 2332365
E.mail: ta.poordast@yahoo.com

Education:

- Internship, Jahrom University of Medical Sciences, Shiraz, Iran, 2001-2002.
- Gynecology and obstetric Residency, Department of Gynecology, Shiraz University of Medical Sciences, Shiraz, Iran, 2007-2010.
- M.D Jahrom University of Medical Sciences, Jahrom, Iran, 1994-2000. • High School Diploma, Asiyeh high School, Shiraz, Iran, 1994

Qualifications:

- M.D.: Jahrom University of Medical Sciences, Jahrom, Iran, 2002
- Specialty Board, of Obstetric and Gynecology : Iranian National Board of Obstetric and Gynecology , Shiraz, Iran, 2010.

Academic Appointments:

- Assistant Professor (as a full-time faculty member since 2011-present.)

Infertility Research Center, Division of infertility and reproductive endocrinology, Department of OB-GYN, School of Medicine, Shiraz University of Medical Sciences, Shiraz- Iran.

Educational Experiences:

I participated in teaching activities during my residency.

- Assistant Professor of Obstetrics and Gynecology department in Jahrom University of medical sciences since 2011.
- Assistant Professor of Obstetrics and Gynecology department in Shiraz University of medical sciences since 2013.

DUTIES AND RESPONSIBILITIES:

- Teaching: OB-GYN in medical colleges.
- Clinical: Out-Patient & in-Patient visits in OB-GYN and in Hafez, Shahid Faghihi, Hazrate Zeinab and Nemazi hospitals.
- Surgery: An average of ten patients per week in OB-GYN and in the hospitals related to Shiraz University of Medical Sciences.
- Supervision: A: Advisor of OB-GYN residents for their thesis.
 - B: Advisor of Medical doctorate students for their thesis.

MEMBERSHIP IN MAJOR PERSONAL SOCIETIES:

1. National Association of Iranian Gynecologists & Obstetricians (NAIGO)
2. Fars Obstetricians and Gynecologists Society (FOGS)

REVIEWER FOR REFERRED JOURNALS:

- Women health Journal of medical sciences.
- Jahrom Journal of Medical sciences.

SPECIAL COURSES AND WORKSHOPS:

1. Workshop for endoscopic surgery in Gynecology
May 16-17, 2002, Shiraz University of Medical Sciences, Shiraz, Iran.

Publications:

- Elham Karampour, Ebrahim Khoshnam, Tahere Poordast; ([The influence of stretch training on primary dysmenorrhea](#)) *Advances in Environmental Biology*, 6(12): 3069-3071, 2012 .ISSN 1995-0756.
- Z Zholghadri, Hadaegh, Z Tavana, M Hadaegh, T Poordast ([Management of bacterial vaginosis in pregnancy and its effect on pregnancy outcome](#)). *Iranian Journal Of Obstetric and Infertility*, sep 2010, 13(5):1-7
- Elham Askary, Fatemeh Sadat Najib² Tahereh Poordast, Fatemeh Emami¹ and Mojdeh Momtahan. [A Comparative Study of Total Albumin and Calcium Level between Preeclamptic Women Undergoing Magnesium Sulfate Therapy and with Normal Pregnancies](#), *BIOSCIENCES BIOTECHNOLOGY RESEARCH ASIA*, Received: 10 June 2015; accepted: 25 August 2015, Vol. 12(3), 2103-2110.
- [Moshfeghy, Z; Asadi, K; Akbarzadeh, M; Zare, A; Poordast, T; Emamghoreishi, M ; Najib, FS ; Sayadi, M. Quercus Brantii Lindl. Vaginal Douche Versus Clotrimazole on Vaginal Candidiasis - A Randomized Clinical Trial.](#) *JOURNAL OF PHARMACOPUNCTURE*, Published: SEP 2018 , Volume: 21 , Issue: 3 , Pages: 185-194.
- [Jahromi, BN; Mansouri, M; Forouhari, S; Poordast, T; Salehi, A. Quality of Life and Its Influencing Factors of Couples Referred to An Infertility Center in Shiraz, Iran](#) (vol 11, pg 293, 2018), *INTERNATIONAL JOURNAL OF FERTILITY & STERILITY*, Published: APR-JUN 2018 , Volume: 12 , Issue: 1, Pages: 91-91.
- [Tavana, Z; Poordast, T; Askary, E ; Ansari, Z. A Comparative Study of Impacts of Single-dose Systemic Methotrexate and Salpingectomy Surgery Treatments on Ovarian Reserve in Women with Ectopic Pregnancy Using Anti-Mullerian Hormone](#), *ASIAN JOURNAL OF PHARMACEUTICS* , Published: JAN-MAR 2018 , Volume: 12 , Issue: 1 , Pages: S304-S308.
- [Jahromi, BN; Mansouri, M; Forouhari, S; Poordast, T; Salehi, A. Quality of Life and Its Influencing Factors of Couples Referred to An Infertility Center in Shiraz, Iran.](#) *INTERNATIONAL*

JOURNAL OF FERTILITY & STERILITY, Published: JAN-MAR 2018, Volume: 11, Issue: 4, Pages: 293-297

- [Najib, FS; Momtahan, M; Mokhtari, M; Alamdarloo, SM; Poordast, T. Small Cell Carcinoma of the Ovary: Report of a Case with Unusual and Aggressive Presentation, MIDDLE EAST JOURNAL OF CANCER, Published: JUL 2017 , Volume: 8 , Issue: 3 , Pages: 161-165.](#)
- [Poordast, T; Najib, FS ; Baharlou, R; Bijani, A; Alamdarloo, SM; Poordast, A. Assessment of T helper 17-associated cytokines in third trimester of pregnancy, IRANIAN JOURNAL OF IMMUNOLOGY, Published: SPR 2017, Volume: 14, Issue: 2 , Pages: 172-179.](#)
- [Alborzi, S; Hosseini-Nohadani, A; Poordast, T; Shomali, Z. Surgical outcomes of laparoscopic endometriosis surgery: a 6 year experience, CURRENT MEDICAL RESEARCH AND OPINION, Published: 2017, Volume: 33, Issue: 12 , Pages: 2229-2234.](#)
- [Najib, F.S.^a, Namazi, G.^b, Poordast, T.^b, Askary, E.^b Comparison of umbilical cord blood gas profiles between preeclamptic and healthy mothers, Biomedical and Pharmacology Journal, Volume 8SE, October 2015, Pages 711-714.](#)
- [arampour, E.^a, Khoshnam, E.^a, Poordast, T.^b The influence of stretch training on primary dysmenorrhea, Advances in Environmental Biology, Volume 6, Issue 12, November 2012, Pages 3069-3071.](#)
- [Namavar, B.; Poordast, T.; Forouhari, S.; Yaghmaei, F.; Mansuri, M. A survey of the quality of life in 100 couples referred to Qadir Maternal and Infant Care Clinic in Shiraz City. Journal of Jahrom University of Medical Sciences . 1/15/2014, Vol. 11, p86-86. 1p.](#)

Congress presentations:

- 5th perinal congress of prinatology, 2-5 Ordibehesht 1392
- 4th congress of Iranian association of surgery, 18-22 Ordibehesht 1396.
- 17th mediteraman 8 middle eastern Endoscopic surgery assocution.(MMESA) congress, Esfahan 1396- Azar
- 42th congress of Iranian association of surgen 15-19 Ordibehesht 1398
- 14th International congress on OB & Gyn 10-13 Oct 2018.
- Asian congress of endometriosis international congress of minimally invasive surgery, 22-24 Nov 2018
- Khorasan surgery congress of minimally invasiue dx, 21-23 Azar 1397.
- 3th International cogress of minimally invasive Surgery in OB & Gyn, 27-29 Azar 1397.