

# SETAREH ZAND

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## EXPERIENCE

- **Shiraz University of Medical Sciences, Shiraz, Fars Province** 2025 - Present  
Assistant Professor of Psychiatry
- **Private Practice** 2023 - Present  
Psychodynamic Psychotherapist
- **Ebne Sina Hospital and Hafez Hospital, Shiraz University of Medical Sciences, Shiraz, Fars Province** 2020 - 2024  
Psychiatry Resident
- **Valiasr Hospital, Darreh Shahr, Ilam Province** 2019 - 2019  
General Physician (ER Doctor)

## EDUCATION

- **PSYCHIATRY DEPARTMENT, MEDICAL SCHOOL, SHIRAZ UNIVERSITY OF MEDICAL SCIENCES** 2020 - 2024  
Psychiatry Residency  
Top Rated Board Certified
- **MEDICAL SCHOOL, ISFAHAN UNIVERSITY OF MEDICAL SCIENCES** 2011 - 2018  
Doctor of Medicine (Including Internship)  
Total GPA : 3.3 of 4

## COURSES

- **Psychodynamic Psychotherapy**  
IRCP (Iranian Center for Psychoanalysis)
- **Foundations of Psychoanalysis**  
IRCP (Iranian Center for Psychoanalysis)
- **An Introduction to Wilfred Bion**  
IRCP (Iranian Center for Psychoanalysis) by Dr. Mozghan Amini & Dr. Yasaman Hashemi
- **An Introduction to Melanie Klein**  
IRCP (Iranian Center for Psychoanalysis) by Professor Mahdieh Moin & Dr. Valeh Amooi
- **Trauma**  
Rustin Psychoanalytic Institute by Dr. Elahe Sagart
- **Psycho-Oncology**  
Joint program by Isfahan University of Medical Sciences and Freiburg University of Medical Sciences

## RESEARCH INTERESTS

- My primary research interests lie in Psychodynamic Psychotherapy and Trauma, with a focus on understanding the psychological mechanisms underlying trauma-related disorders and the application of psychodynamic approaches in clinical practice

## PUBLICATION

- **Adverse Childhood Experiences and Suicidal Ideation in Patients With Major Depressive Disorder: Investigating the Mediating Role of Emotional Reactivity and Probabilistic and Reinforcement Learning**  
BMC Psychology Journal
- **Risk Factors Assessment of Needle-Stick Injury among Healthcare Workers of Alzahra Hospital, Isfahan, Iran**  
Journal of Isfahan Medical School (IMS)

## PROJECTS

- **Evaluating the Prevalence of PTSD Symptoms and Its Relevance to Serum CRP Level in Patients Admitted Due to COVID-19 Infection**  
Ongoing Research Project