

## Curriculum Vitae of Dr. Amir Mohammad Jaladat



01. NAME and SEX: Amir Mohammad Jaladat, Male

02. Father's name: Aziz

03. Date of birth: July 1, 1977

04. Nationality: Iranian

05. Designation & place of work:

Associate Prof.

Head of Department of Persian Medicine, School of Medicine, Shiraz University of medical Sciences, Shiraz, Iran.

Head of Health Clinic of Iranian Medicine *Hakim Emaduddin Shirazi*, Shiraz University of medical Sciences, Shiraz, Iran.

Head of the Iranian Traditional Medicine Association, Shiraz Branch, Iran.

A member of European Society of Integrative Medicine

Section editor of Traditional and Integrative Medicine journal

06. Marital status: Married

07. Skills & Activities:

Skills: Life style modification, Herbal therapy, Massage Therapy, Cupping Therapy, Acupuncture, Mind-Body Medicine

Languages known: Persian, English, and Arabic (Reading & writing)

Interests: Integrative approach to Genitourinary disorders

## 08. Educations:

Medical Doctor from Tehran Islamic Azad University of Medical Sciences,  
1997-2004

PhD of Traditional Persian Medicine from Tehran University of Medical  
Sciences, 2009-2015

Training Course on combination of Chinese Medicine and Western  
Medicine for Developing Countries, Aug-Oct. 2018, in Beijing, the People's  
Republic of China.

## 09. Thesis

MD thesis: Studying the effect of lumbosacral brace in reducing patients'  
pain in the first two months after spinal surgeries

PhD thesis: Clinical trial of a drug based on traditional Iranian medicine on  
burning sensation caused by prostate cancer radiotherapy

## 010. Publication Highlights

### Journal Publications

1. Sadeghpour O, Jaladat AM. Purgatives, the Most Important Drug Group in Traditional Iranian Medicine-I. 2. 2011;2(2):131-8.
2. Jaladat AM, Atarzadeh F, Sadeghpour O. Maturation; an Important Step in Treatment Protocols of Iranian Medicine. 2. 2011;2(3):215-20.
3. Jaladat A, Atarzadeh F, Homayouni K. Ghamz therapy in Persian Medicine and its comparison with Reflexo Zone therapy. 2. 2013;3(4):395-406.
4. Jaladat A-M, Nimrouzi M, Karimi M, Hashemi M, Falah M, Attarzadeh F. Massage Therapy in Iranian Traditional Medicine. Rehabilitation Medicine. 2013;1(3).
5. Jaladat A, Attarzadeh F, Chroom M, Nimrooz M. Massage therapy from the viewpoint of Iranian sages in Tohfe-ye-Saadieh. Medical History. 2013;5(14):5.

6. Jaladat AM, Tonsaz M, Attarzadeh Z, Attarzadeh F. Sexual Ethics in Iranian Medicine. *Islamic Lifestyle Centered on Health*. 2013;1(3).
7. Nimrouzi M, Mahbodi A, Jaladat A-M, Sadeghfard A, Zarshenas MM. Hijamat in Traditional Persian Medicine Risks and Benefits. *Journal of evidence-based complementary & alternative medicine*. 2014;2156587214524578.
8. Nimrouzi M, Kordafshar G, Jaladat A. An overview of the uses and side effects of cupping (hejamat) in Iranian traditional medicine. *Medical History*. 2014;4(12):160-82.
9. Jaladat AM, Atarzadeh F, Rezaeizadeh H, Mofid B, Mosalaie A, Farhan F, et al. Botanicals: An alternative remedy to radiotherapy-induced dysuria. *Complementary Therapies in Medicine*. 2015;23(1):90-9.
10. Jaladat AM, Atarzadeh F, Rezaeizadeh H, Amin G. Avicenna's Dietary and Herbal Recipe for Urethral Syndrome. *Infectious Diseases in Clinical Practice*. 2015;23(3):168.
11. Mofid B, Rezaeizadeh H, Jaladat AM, Atarzadeh F, Moeini R, Motevalian A, et al. Preventive effect of Malva on urinary toxicity after radiation therapy in prostate cancer patients: A multi-centric, double-blind, randomized clinical trial. *Electronic physician*. 2015;7(5):1220.
12. Jaladat AM, Atarzadeh F, Moeini R, Ghobadi A, Sadeghpour O. Relationship between Temperaments of herbal diuretics and their effects based on Avicenna's Teaching. *Iranian journal of pharmaceutical research: IJPR*. In press.
13. Tansaz M, Adhami S, Mokaberinejad R, Namavar Jahromi B, Atarzadeh F, Jaladat AM. An overview of the causes and symptoms of male infertility from the perspective of traditional Persian medicine. *The Iranian Journal of Obstetrics, Gynecology and Infertility*. 2016;18(182):11-7.
14. Atarzadeh F, Jaladat A, Dastgheib L, Amin G, Nimrouzi M, Kamalinejad M. Cassia fistula: A remedy from Traditional Persian Medicine for treatment of cutaneous lesions of pemphigus vulgaris. *Avicenna Journal of Phytomedicine*. 2016:1-8.
15. Atarzadeh F, Jaladat AM, Daneshfard B, Dastgheib L, Kamalinejad M, Amin G. A review on botanicals with wound healing activity for pemphigus vulgaris: perspective of traditional Persian medicine and conventional medicine. *Avicenna Journal of Phytomedicine*. 2017:1-9.
16. Hosseini Kasnavieh, Seyed Mohammad, Seyed Mohammad Hasan Sadeghi, Seyed Mehdi Hosseini Khameneh, Mahmood Khodadoost, Azam Bazrafshan, Mohammad Kamalinejad, Amir Mohammad Jaladat, et al. "Dietary Recommendations in Fracture Healing in Traditional Persian Medicine: A Historical Review of Literature." *Journal of Evidence-Based Complementary & Alternative Medicine* (2017): 2156587216685509.
17. Daneshfard B, Jaladat A-M. Male infertility and diet: a perspective of traditional Persian medicine. *Galen Medical Journal*. 2016;5(2):103-4.
18. Jaladat A-M. Early Description of Diet-Induced Blistering Skin Diseases in Medieval Persia: Avicenna's Point of View. Proven efficacy has another profile with Finacea® Foam. 2016;14:367-70.
19. Jaladat AM, Mostafavi E. Diagnosis, treatment and reports of plague outbreaks during Islamic civilization. *Journal of Islamic and Iranian Traditional Medicine*. 2017;8(2):223-30. eng.
20. Daneshfard B, Jaladat A-M, Sanaye MRS, Dalfardi B. Cardiac infertility in Persian Medicine: Avicenna's view. *Galen Medical Journal*. 2017-12-29;6(4).
21. Nimrouzi M, Jaladat A-M, Zarshenas MM. A panoramic view of medicinal plants traditionally applied for impotence and erectile dysfunction in Persian medicine. *Journal of Traditional and Complementary Medicine*. 2018.
22. Akbarzadeh E, Heydari M, Atarzadeh F, Jaladat AM. Chronic Dysuria Following Ginger (*Zingiber officinale*) Use: A Case Report. *Galen Medical Journal*. 2018;7:1086.
23. Atarzadeh F, Kamalinejad M, Amin G, Salehi A, Dastgheib L, Jaladat AM, et al. Topical application of Cassia fistula L. fruit gel in management of cutaneous lesions of pemphigus vulgaris: A double-blind, placebo-controlled clinical trial. *Avicenna journal of phytomedicine*. 2018;8(6):543.

24. Moeini R, Farhan F, Mofid B, Rezaeizadeh H, Gorji N, Ghobadi A, et al. The effect of the combination of *Malva sylvestris* L. and *Althaea digitata* Boiss. on prevention of acute radiation proctitis in patients with prostate cancer. *Journal of Herbal Medicine*. 2018;12:16-22.
25. Zare F, Jaladat AM, Parvizi MM. Subject Index of the Medical Terms of the Holy Quran. *QURAN AND MEDICINE*. 2018;3(4):199-204.
26. Amini F, Jaladat AM, Atarzadeh F, Mosavat SH, Parvizi MM, Zamani N. A review on the management of asthma in the Avicenna's Canon of Medicine. *Journal of Complementary and Integrative Medicine*. 2019;16(4).
27. Taslimi F, Jaladat A, Hayavi Haghighi MH. Feasibility study of Providing Complementary Medicine Services through Telemedicine: A Case Study from Iran. *Journal of Modern Medical Information Sciences*. 2019;5(2):1-10.
28. Yazdi N, Kardooni M, Namjuyan F, Vardanjani HM, Tafazoli V, Jaladat AM. Efficacy of Sweet Violet (*Viola odorata*) flower oil on the symptoms of adults with allergic rhinitis: A double-blind randomized placebo-controlled clinical trial. *Complementary Therapies in Medicine*. 2020;51:102408-.
29. Zare F, Parvizi MM, Saki N, Jaladat AM. Applications of Ma'aljobon, a natural remedy from traditional Persian medicine, in dermatology: A journey from past to modernity. *Dermatologic Therapy*. 2020;33(6):e13931.
30. Jaladat AM, Amiri-Ardekani E, Ramezani PS, Boroughani M, Alorizi ME, Parvizi MM. Correlation between gastrointestinal symptoms and adherence to traditional Persian medicine dietary recommendations in patients with vitiligo; a cross-sectional study. *Journal of Complementary and Integrative Medicine*. 2021.
31. Parvizi MM, Fatehi N, Jaladat AM, Gholampour Z, Shahriarirad R, Erfani A. Epidemiological factors in patients with dermatologic conditions referring to the clinic of traditional Persian Medicine: A cross-sectional study. *International Journal of Clinical Practice*. 2021;75(11):e14788.
32. Sharifi MH, Keshani P, Salehi A, Jaladat AM, Mirzaei Z, Nikseresht A. Association between multiple sclerosis and dietary patterns based on the traditional concept of food nature: a case-control study in Iran. *BMC neurology*. 2021;21(1):1-9.
33. Jaladat A-M, Ranjbar K, Shahriarirad R, Salehi Z. Successful use of Ma'oljobon, a Persian medicine whey product, in a patient with severe chronic cough: A case report. *Advances in Integrative Medicine*. 2022;9(1):87-9.
34. Jaladat A-M, Zareifar S, Daneshfard B, Shahriarirad R. Management of Drug-Induced Liver Injury with Persian Medicine: Case Report. *Integrative Medicine Reports*. 2022;1(1):3-6.
35. Parvizi MM, Salami MH, Moini Jazani A, Javaheri R, Jaladat AM, Handjani F. Complementary and integrative remedies in the treatment of chronic pruritus: A review of clinical trials. *Journal of Cosmetic Dermatology*. 2022.
36. Jaladat AM, Vaghasloo MA, Atarzadeh F, Ayati MH, Kazemi AH, Akin E, et al. Similarities and differences between kaiy in Persian medicine and moxibustion in Chinese medicine. *Journal of Integrative Medicine*. 2023.
37. Vardanjani HM, Steel A, Mofarrahi D, Jaladat AM, Amini F, Zeraatpishe M, et al. Use of complementary and alternative medicine and its related factors among pregnant women in Shiraz, South of Iran: A cross-sectional study. *Iranian Journal of Nursing and Midwifery Research*. 2023;28(1):53.
38. Amini F, Namjooyan F, Zomorodian K, Zareshahrabadi Z, Shojaei K, Jaladat AM, et al. The efficacy of complementary treatment with marshmallow (*Althaea officinalis* L.) on vulvovaginal candidiasis: A randomized double-blinded controlled clinical trial. *EXPLORE*. 2023.
39. Daneshfard, Babak & Jaladat, Amir & Nimrouzi, Majid. (2023). Management of Chemotherapy Side Effects in Childhood Leukemia: Persian Medicine Experience. *Galen Medical Journal*. 12. e2926. 10.31661/gmj.v12i.2926.

40. Zare, F., et al. (2023). "Being Awake at Dawn: A Religious Austerity or a Hygienic Recommendation (A Scrutiny Based on the Holy Qur'an, Traditional Persian Medicine and Modern Medicine)." *Journal of Interdisciplinary Qur'anic Studies (JIQS)* **2**(1).
41. Shekarforoush S, Jaladat A, Hadadi M, Salehi Z, Shakib N H, et al. In Vitro Anti-bacterial Effect of Ox-bile Against Some Important Gram-positive and Gram-negative Bacteria. *Trends Med Sci.* 2022;2(4):e136719.
42. Abdolreza Haghpanah, Fatemeh Atarzadeh, Amirhossein Hassani, Elham Akbarzadeh, Jaladat A, Jaladat, Mohammad Mahdi parvizi. (2023). Topical remedies for the treatment of men's sexual dysfunction in the perspective of Traditional Persian Medicine: A narrative review. *Journal of Health Sciences & Surveillance System* 2024 Vol. 12 Issue 2 Pages 99-105
43. Amini, F., et al. (2023). "The efficacy of complementary treatment with marshmallow (*Althaea officinalis* L.) on vulvovaginal candidiasis: A randomized double-blinded controlled clinical trial."
44. Baghbani, F., et al. (2023). "Efficacy of Dry Cupping versus Counselling with Mindfulness-based Cognitive Therapy Approach (MBCT) on Fertility Quality of Life and Conception Success in Infertile Women due to Polycystic Ovarian Syndrome: A Pilot Randomized Clinical Trial."
45. Daneshfard, B., et al. (2023). "Management of Chemotherapy Side Effects in Childhood Leukemia: Persian Medicine Experience." *Galen Medical Journal* **12**: e2926-e2926.
46. Ostovar, M., et al. (2024). "Efficacy of a Persian-Based Method of Needling on Clinical Symptoms of Patients with COVID-19: A Pilot Randomized Controlled Clinical Trial." *Traditional and Integrative Medicine*: 149-156.
47. Zare, F., et al. (2024). "An Overview of Applications of Medical Barley Water in Gastrointestinal Disorders from the Viewpoint of Avicenna." *Traditional and Integrative Medicine*: 339-346.
48. Zare, H., et al. (2023). "The Added-on of Ziziphus Jujube Syrup in the Treatment of Chronic Spontaneous Urticaria Resistant to Standard-Dose of Secondary-generation H1 Antihistamine: A Double-Blind Randomized Clinical Trial." *Iranian Journal of Medical Sciences* **48**(6): 582.
49. Safarpour, K., et al. (2025). "Report of the first expert panel on the evidence-based management of neurological disorders in Persian Medicine based on clinical evidences." *Journal of Islamic and Iranian Traditional Medicine* **15**(4): 0-0.
50. Sharifi, M. H., et al. (2025). "The Effectiveness of Modified Mediterranean and Traditional Persian Diets in Fatigue and Depressive Severity in People with Multiple Sclerosis: A Randomized Controlled Clinical Trial." *Iranian Journal of Medical Sciences* **50**(3): 146.
51. A. Ghasemi, A. M. Jaladat, M. H. Sharifi, A. Tavakoli, H. Ghaem and A. Haghpanah. The effects of mediterranean and Persian diet on sexual function and semen parameters quality among infertile men: a randomized controlled trial. *Scientific Reports* 2025 Vol. 15 Issue 1 Pages 21656.

## Conference Proceedings

- 1- Atarzadeh F, Jaladat AM, Dastgheib L, Kamalinejad M, Amin G, Zarshenas MM. An evidenced-based study on botanicals with wound healing activities for Pemphigus vulgaris; a perspective from Traditional Persian Medicine. The first International Congress of Complementary and Alternative Medicine; 2015; 7-9 oct; Mashhad.

- 2- Mofid B, Jaladat AM, Atarzadeh F, Moeini R, Motevalian A, Mosalaie A, et al., editors. Preventive effect of a bi-ingredient formulation of Malvaceae species on the urinary toxicity after radiotherapy for prostate carcinoma: A randomized clinical trial. The first International Congress of Complementary and Alternative Medicine; 2015; 7-9 oct; Mashhad.
- 3- Kolouri S, Daneshfard B, Jaladat A-M, Tafazoli V, editors. Green urine in conventional medicine and Traditional Persian Medicine (TPM). The first International Congress of Complementary and Alternative Medicine; 2015; ; 7-9 oct; Mashhad.
- 4- Atarzadeh A, Tafazzoli V, Jaladat AM. Medieval Iranian Physicians Approach in Prevention and Treatment of fungal otitis External. 2<sup>nd</sup> International and 4<sup>th</sup> Iranian congress in Medical Mycology: From Bench to Bed; 2015; 18<sup>th</sup>-20<sup>th</sup> Nov; Shiraz, Iran.
- 5- Dietary recommendations in fracture healing in Traditional Persian Medicine: A historical review of literature. World Congress Integrative Medicine & Health 2017. 2017; 3-5 May.
- 6- Traditional Persian herbal remedies for asthma. World Congress Integrative Medicine & Health 2017. 2017; 3-5 May.
- 7- Introducing the concept of Musleh (ameliorating agent) as a key point for drug discovery in traditional medicines. World Congress Integrative Medicine & Health 2017. 2017; 3-5 May.
- 8- Zeinab Nasiri, Ayda Hosseinkhani, Parisa Ghoreishi, Amir Mohammad Jaladat. The appropriate scent for each person according to Persian Medicine. The third International Conference on Holly Profet Mohammad's Tradition (sireye Nabavi) in Medicine. 2017-12-12-14.
- 9- Amir Mohammad Jaladat. The 1<sup>st</sup> conference & Workshop on Manual Therapy in Traditional Medicine, Held on May 10 – 13, 2023. Iran. Tehran.
- 10- Amir Mohammad Jaladat., et al. "First expert panel on the evidence-based management of neurological disorders in Persian Medicine based on clinical evidences." Academy of Medical Sciences of the Islamic Republic of Iran. 2024.

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