

Curriculum Vitae

Armin Akbarzadeh, MD. MPH

Birth date: 1993/07/22

Place of Born: Shiraz, Iran

Education:

Orthopaedic Surgery degree at Shiraz University of Medical Sciences **2022**.

MPH degree from Shiraz University of Medical Sciences **2018**.

MD degree from Shiraz University of Medical Sciences **2018**.

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Membership:

International Residents member of **“The American Academy of Orthopaedic Surgeons (AAOS)”** 2020-2021

Member of executive committee of **National Congress of Media Health 2014**.

Member of executive committee of **First International Congress of Ghotbeddin 2013**.

Member of Central conceal of Student Research Group of **Health Policy Research Center** in 2013.

Member of executive committee of **first international congress on women's health 2012**.

Awards:

Being featured as international resident **“Member of the Month”** from **“The American Academy of Orthopaedic Surgeons (AAOS)”** **April 2021**. <https://www.aaos.org/membership/member-of-the-month/international-resident/armin-akbarzadeh-md-mph/>

The outstanding Researcher of **“Ministry of Health and Medical Education of Iran”** at 2017.

The scholarship winner from **“Iran's National Elites Foundation”** at 2016.

The outstanding Researcher of **“Shiraz University of Medical Sciences”** at 2015.

The outstanding Researcher of **“Shiraz University of Medical Sciences”** at 2014.

Reviewer of journal:

Reviewer at **“International Journal of Preventive Medicine”**.

Reviewer at **“Bulletin of Emergency and Trauma”**

Reviewer at **“Women's Health Bulletin”**.

Reviewer of congress:

Reviewer at “**fifth International Congress of Iranian Society of Pediatric Nephrology**” 4-6 may 2016.

Reviewer at "**15th Students International Conference on Biomedical and Interdisciplinary Research (SICOBAIR 2014)**".

Reviewer at "**3rd International Congress on Women's Health 2014**".

Reviewer at “**Sixth National Student Congress on New Horizons in Rehabilitation Sciences**” 2015, Shiraz, Iran

Invention:

Mechanical ampule neck cutter device. Armin Akbarzadeh, Mohammad Bagher Kolahi, Ali Asghar Karimi. National patent Registry code: ۹۳۱۲۱۳۶۸۵۱۲۳۱۲.

Published papers:

1. Paydar, S., **Akbarzadeh, A.**, Nasermoadeli, L., Mohammadkarimi, V. Adherence to guideline in hydrating traumatic patients with crystalloid fluids: A single center experience from Southern Iran. *Journal of Emergency Practice and Trauma*, 2023 Jan; (): -. doi: 10.34172/jept.2022.22
2. Tahami M, Vaziri AS, Tahmasebi MN, Ahmadi MA, **Akbarzadeh A**, Vosoughi F. The functional impact of home-based self-rehabilitation following arthroscopic meniscus root repair. *BMC Musculoskeletal Disorders*. 2022 Dec;23(1):1-8.
3. Vosoughi AR, **Akbarzadeh A**, Zakaee A. Closed isolated anterolateral calcaneal dislocation: a case report. *BMC Musculoskeletal Disorders*. 2022 Dec;23(1):1-8.
4. Vosoughi AR, Hashemipour B, Khademi S, **Akbarzadeh A**, Shayan Z. Clinical Outcomes Following Suturing of Sheath of Peroneal Tendons to the Calcaneal Plate as an Innovative Technique for Reduction of Peroneal Tendon Instability Accompanying Calcaneal Fracture. *Foot & Ankle Specialist*. 2022 Sep 30:19386400221125373.
5. Namazi H, Sajadizadeh E, Dehghanian A, Fereidooni M, **Akbarzadeh A**. Feasibility of Medial Pectoral Nerve to Musculocutaneous Nerve Transfer Using Medial Antebrachial Cutaneous Nerve of Forearm Graft: Histopathologic and Anatomical Evaluation. *Turkish Neurosurgery*. 2021 Jan 1;31(6).
6. SM Tahami, SA Hashemi, **A Akbarzadeh**, MH Gerami, A Aminian, Mesbahi AR, Zarrabi A, Safari R. Trauma and Orthopedics in COVID-19 Pandemic: an Epidemiological Study in a Tertiary Center, South of Iran. *iranian journal of orthopedic surgery*. 2021 Nov 19(4): 137-144.

7. Namazi H, Ghane A, Dehghanian AR, Fereidooni M, **Akbarzadeh A**. Effectiveness and Safety of Triangular Fibrocartilage Complex Injection Regarding Anatomical Landmarks: A Cadaveric Study. *Journal of Wrist Surgery*. 2021 Feb 9.
8. Paydar S, **Akbarzadeh A**, Jahanabadi S. Anatomy of the Ribs and Management of their Fractures as Viewed by Avicenna (980-1037 Ad). *AMHA-Acta medico-historica Adriatica*. 2019 Dec 18;17(2):305-12.
9. Vosoughi AR, **Akbarzadeh A**. Concomitant old complex fracture–dislocation of the first metatarsophalangeal, Lisfranc, and naviculocuneiform joints. *Journal of Orthopaedics, Trauma and Rehabilitation*. 2019 Dec;26(2):95-8.
10. **Akbarzadeh A**, Salehi A, Vardanjani HM, Poustchi H, Gandomkar A, Fattahi MR, Malekzadeh R. Epidemiology of Adult Diabetes Mellitus and its Correlates in Pars Cohort Study in Southern Iran. *Archives of Iranian Medicine (AIM)*. 2019 Nov 1;22(11).
11. Tabrizi R, Akbari M, Lankarani KB, Heydari ST, Masoudi A, Shams AH, **Akbarzadeh A**, Moalemi S, Mehr MM, Sadati AK, Peymani P. Relationship between religion and school students' road behavior in southern Iran. *Chinese journal of traumatology*. 2017 Oct 1;20(5):264-9.
12. Dehghankhalili M, Mobaraki H, **Akbarzadeh A**, Yazdani R, Nazemi A, Ghaffarpasand F, Mohammadi Z, Shahrzad ME, Mohmudi F, Taghavi M, Dehghankhalili S. Clinical and Laboratory Characteristics of Pediatric Scorpion Stings: A Report from Southern Iran. *Pediatric emergency care*. 2017 Jun 1;33(6):405-8.
13. **Akbarzadeh A**, Salehi A, Nimrooz M. Jorjani's view on preventive medicine. *Medical History Journal*. 2016 Nov 25;4(13):39-54.
14. Tanideh N, Nazhvani SD, Bahrami A, Mehrabani D, **Akbarzadeh A**, Azarpira N, Lotfi M, Koochi-Hosseiniabadi O. The effect of hydroalcoholic extract of *Mangifera indica* on induced osteoarthritis of knee in male guinea pigs. *Comparative Clinical Pathology*. 2016 Sep 1;25(5):973-9.
15. Azizi K, **Akbarzadeh A**, Ghobadifar MA. Yellow Scorpion Bite: Ignore or Take it Seriously. *Iranian Red Crescent M J*. 2016 Aug;18(12):919-33.
16. Ghaffarpasand F, Akbarzadeh A, Heiran HR, Karimi AA, **Akbarzadeh A**, Ghobadifar MA. Effect of Topical Morphine on Cutaneous Leishmaniasis in an Animal Model: A Preliminary Report. *Iranian Red Crescent Medical Journal*. 2016 May;18(5).
17. Heydari ST, Vossoughi M, **Akbarzadeh A**, Lankarani KB, Sarikhani Y, Javanmardi K, Akbary A, Akbari M, Mahmoodi M, Shirazi MK, Tabrizi R. Prevalence and risk factors of alcohol and substance abuse among motorcycle drivers in Fars province, Iran. *Chinese journal of traumatology*. 2016 Apr 1;19(2):79-84.

18. Ghobadifar MA, Pourghardash F, **Akbarzadeh A**, Mosallanejad Z. Safety of epidural steroid injection methods in the management of recurrent lumbar disc herniation: few comments. *Asian spine journal*. 2015 Apr 15;9(2):311-2.
19. Dehghani N, Fouladivanda MR, Ghobadifar MA, Safshekan-Esfahani G, **Akbarzadeh A**. Nine-Month Follow-up Results of Treatment for Nasolacrimal Duct Obstruction by Probing with Adjunctive Mitomycin C in Adults: A Prospective Randomized Placebo-Controlled Trial. *Chonnam medical journal*. 2015 Apr 1;51(1):19-25.
20. Ghobadifar MA, Pourghashdar F, **Akbarzadeh A**, Mosallanejad Z. Combined use of intrathecal opioids and dexmedetomidine in the management of neuropathic pain. *The Korean journal of pain*. 2015 Apr 1;28(2):156-7.
21. Mosalanejad L, Ghobadifar MA, **Akbarzadeh A**. Untold Aspects of Hidden Curriculum from Teachers' Experiences: A Qualitative Study. *learning*. 2015;3:6.
22. Honarvar B, Lankarani KB, Rostami S, Honarvar F, **Akbarzadeh A**, Odoomi N, Honarvar H, Malekmakan L, Rabiye P, Arefi N. Knowledge and practice of people toward their rights in urban family physician program: A population-based study in Shiraz, Southern Iran. *International journal of preventive medicine*. 2015;6.
23. Shojaie M, Rajpout MY, Abtahian A, Pour AE, Ghobadifar MA, **Akbarzadeh A**. Dehydroepiandrosterone Sulfate as a Risk Factor for Premature Myocardial Infarction: A Comparative Study. *Korean journal of family medicine*. 2015 Jan 1;36(1):1-9.
24. Ghobadifar MA, **Akbarzadeh A**, Hosseinzadeh M, Mosalanejad Z. Effective in Reducing the Radicular Pain; Transforaminal or Interlaminar. *The Korean Journal of Pain*. 2015 Jan 1(28):64-65.
25. Vakili MA, Mohjervatan A, Hosini NS, Alizad F, Moghasemi MJ, Heydari ST, **Akbarzadeh A**, Arasteh P. The efficacy of a first aid training course for drivers: an experience from northern Iran. *Chinese journal of traumatology*. 2014 Oct 1;17(5):289-92.
26. Edraki M, **Akbarzadeh A**, Hosseinzadeh M, Tanideh N, Salehi A, Koochi-Hosseiniabadi O. Healing effect of sea buckthorn, olive oil, and their mixture on full-thickness burn wounds. *Advances in skin & wound care*. 2014 Jul 1;27(7):317-23.
27. Hedayati HR, Hadi N, Mostafavi L, **Akbarzadeh A**, Montazeri A. Quality of life among nursing home residents compared with the elderly at home. *Shiraz E-Medical Journal*. 2014;15(4).
28. Maghsoudi B, Tabei SH, Zand F, Tabatabaee H, **Akbarzadeh A**. A model for decision making for intensive care unit admission in source limited hospitals. *Iranian Red Crescent Medical Journal*. 2014 Oct;16(10).

29. Mosalanejad L, Parandavar N, GHobadifar MA, **Akbarzadeh A**. ATTENTION TO PSYCHOLOGICAL APPROACH IN INFERTILITY: THE EFFECT OF HOPE THERAPY: A CASE REPORT. *International Journal of Analytical, Pharmaceutical and Biomedical Sciences*. 2014 Oct 3(4):11-4.
30. Paydar S, Parsijani PJ, **Akbarzadeh A**, Manafi A, Ghaffarpassand F, Abbasi HR, Bolandparvaz S. Short-term outcome of open appendectomy in southern Iran: a single center experience. *Bulletin of Emergency & Trauma*. 2013 Jul;1(3):123.
31. Paydar S, Shokrollahi S, Jahanabadi S, Ghaffarpassand F, Malekmohammadi Z, **Akbarzadeh A**, Bolandparvaz S, Abbasi HR. Emergency operating room workload pattern: a single center experience from Southern Iran. *Bulletin of Emergency & Trauma*. 2013 Jan;1(1):38.

Presentations at congresses:

1. Javad Dehghani, Alireza Haghighi, **Armin Akbarzadeh** "Evaluation of effectiveness of salter osteotomy in correction of acetabular index using computer simulation" *27th international congress of Iranian Orthopaedic Association* 2019.
2. Alireza Nikseresht, Maryam Sharifian, Nazila Hassanabadi, Pooria Ghadiri, Alireza Setareh Aseman, Sadra Nikseresht, Sina Nikseresht, Amir Hossein Sharifian, **Armin Akbarzadeh**, Sajjad Jalili;" Minor Thalassemia and Multiple Sclerosis; Is There any Correlation?" 6th Pactrims Invited Lecture, Mult Scler 2014 20: 901. DOI: 10.1177/1352458514531864.
3. Mohammad Ali Vakili, Ali Mohjervatan, Seyed Taghi Heydari, **Armin Akbarzadeh**, Nazanin Sadat Hosini, Farideh Alizad, Peyman Arasteh, Mohammad Javad Moghasemi, Sina Kardeh, Bahareh Kardeh "Usefulness of first aid training courses for drives: An Experience from northern Iran" *15th Students International Conference on Biomedical and Interdisciplinary Research (SICOBAIR 2014)*.
4. Gholam Ali Yousefipour, **Armin Akbarzadeh** , Maryam , Pooria Ghadiri, Nazila Hassanabadi, Mohamadhosein Bahmani Kazeroni, Amir Hossein Sharifian Sina Kardeh, Bahareh Kardeh, Rasool Safari, " Is there any difference between serum level of IL-17 and IL-23 in the patients with Multiple Sclerosis and normal population ? A case-control study" *14th Students International Conference on Biomedical and Interdisciplinary Research (SICOBAIR 2013)*.
5. Afshin Borhanhaghighi, **Armin Akbarzadeh**, Maryam sharifian, Nazila Hassanabadi, Pooria Ghadiri, Amir Hossein Sharifian, Bahareh Kardeh, Sina Kardeh, Rasool Safari, Mohamadhosein Bahmani Kazeroni, " Gilbert's syndrome among patients with cerebral venous sinus thrombosis: A case-control study" *14th Students International Conference on Biomedical and Interdisciplinary Research (SICOBAIR 2013)*.

6. Maryam Dehghankhalili, Fariborz Ghaffarpasand, **Armin Akbarzadeh**, " Scorpionism in children in southern Iran, Hormozgan: epidemiological, clinical and laboratorical findings" *14th Students International Conference on Biomedical and Interdisciplinary Research (SICOBAIR 2013)*.
7. Alireza Nikseresht, Maryam Sharifian, Nazila Hassanabadi , Pooria Ghadiri, Alireza Setareh Aseman, **Armin Akbarzadeh**, Sajjad Jalil" Is Gilbert disease a protective factor against multiple sclerosis? A case control study in Iran" *14th Students International Conference on Biomedical and Interdisciplinary Research (SICOBAIR 2013)*.
8. Alireza Nikseresht, Maryam Sharifian, Mohamadhosein Bahmani Kazeroni, Sina Kardeh , Bahareh Kardeh, **Armin Akbarzadeh**, Sadra Nikseresht, Sina Nikseresht, Rasool Safari, " Free serum Testosterone level and Multiple Sclerosis in Iran" *14th Students International Conference on Biomedical and Interdisciplinary Research (SICOBAIR 2013)*.

۹. پویا راحمی، آرمین اکبرزاده، پرستو نعمت الهی. "بررسی نظرات صاحب نظران و اعضای هستت علمی مقطع علوم پایه دانشگاه علوم پزشکی شیراز در خصوص نحوه اجرای برنامه ادغام افقی در مقطع علوم پایه" سیزدهمین همایش کشوری آموزش پزشکی

۱۰. علیرضا البرزی، آرمین اکبرزاده، پرستو نعمت الهی. "بررسی میزان رضایت مندی دانشجویان نسبت به فرایند اجرای طرح ادغام افقی در مقطع علوم پایه دانشگاه علوم پزشکی شیراز" سیزدهمین همایش کشوری آموزش پزشکی.

۱۱. زینب خادم الحسینی، آرمین اکبرزاده، علیرضا صالحی. "بررسی مقایسه ای ماساژ چینی (تویینا) با ماساژ ایرانی (دلک)" همایش بین المللی بررسی آثار و احوال حکیم قطب الدین شیرازی.

۱۲. آرمین اکبرزاده "آداب غذا خوردن در سیره نبوی" همایش بین المللی سیره نبوی، ۱ تا ۳ بهمن ۱۳۹۲، شیراز، ایران.

۱۳. آرمین اکبرزاده "روزه کلید سلامت روح و جسم" همایش بین المللی سیره نبوی، ۱ تا ۳ بهمن ۱۳۹۲، شیراز، ایران.

Instructor:

Armin Akbarzadeh "Search strategy in Scientific DataBases" 2014. Shiraz, Iran.

Experiences:

1. Certificate of: "the American College of Surgeons' (ACS) Advanced Trauma Life Support (ATLS) student course" August 6-8 2019, Shiraz, Iran.
2. Certificate of: "Workshop of preparing scientific presentations; writing a scientific abstract; How to make yourself employable for the medical sector" 2017, International Student Congress of (bio)Medical Sciences (ISCOMS), Groningen, Netherlands.
3. Certificate of: "Workshop of Cohort studies" 2016, Department of MD-MPH, Shiraz University of Medical Sciences, Shiraz, Iran
4. Certificate of: "Workshop of reviewing scientific abstracts in conferences" 2015, Sixth National Student Congress on New Horizons in Rehabilitation Sciences, Shiraz, Iran
5. Certificate of: "Workshop of Translational science" 2014, Shiraz University of Medical Sciences, Shiraz, Iran.
6. Certificate of: "Workshop of reviewing scientific abstracts" 2014, 15th Annual Research Congress of Iran's Medical Sciences Students, Tehran, Iran.

7. Certificate of: “Workshop of **comprehensive course of Stock exchange**” 2014, Iranian House of Industry and mining training center, Shiraz, Iran.
8. Certificate of: “Workshop of **Medical Journalism**” 2013, Shiraz University of Medical Sciences, Shiraz, Iran.
9. Certificate of: “Workshop of **reviewing scientific abstracts**” 2012, 13th Annual Research Congress of Iran’s Medical Sciences Students, Babol, Iran.
10. Certificate of: “Workshop of **How to write a good paper**” 2012, Shiraz University of Medical Sciences, Shiraz, Iran.
11. Certificate of: “Workshop of **Excel software**” 2012, Shiraz University of Medical Sciences, Shiraz, Iran.
12. Certificate of: “Workshop of **Access software**” 2012, Shiraz University of Medical Sciences, Shiraz, Iran.
13. Certificate of: “Workshop of **Inducing Hypertension and Myocardial infarction and echocardiography of Rat**” 2014, Shiraz University of Medical Sciences, Shiraz, Iran.
14. Certificate of: “Workshop of **introduction to traditional medicine resources**” 2012, Shiraz University of Medical Sciences, Shiraz, Iran.
15. Certificate of: “Workshop of **Searching in Cochrane**” 2012, Shiraz University of Medical Sciences, Shiraz, Iran.
16. Certificate of: “Workshop of **Searching in Medline data base**” 2012, Shiraz University of Medical Sciences, Shiraz, Iran.
17. Certificate of: “Workshop of **Searching in Google Scholar**” 2012, Shiraz University of Medical Sciences, Shiraz, Iran.
18. Certificate of: “Workshop of **Innovation and invention**” 2012, Shiraz University of Medical Sciences, Shiraz, Iran.
19. Certificate of: “Workshop of **Endnote X5 software**” 2012, Shiraz University of Medical Sciences, Shiraz, Iran.
20. Certificate of: “Workshop of **PRICE: protection, rest, ice, compression and elevation, in sport injuries**” 2012, Shiraz University of Medical Sciences, Shiraz, Iran.
21. Certificate of: “Workshop of **Writing scientific Proposal**” 2012, Shiraz University of Medical Sciences, Shiraz, Iran.
22. Certificate of: “Workshop of **principles of stereology 3**” 2012, Shiraz University of Medical Sciences, Shiraz, Iran.
23. Certificate of: “Workshop of **principles of stereology 2**” 2012, Shiraz University of Medical Sciences, Shiraz, Iran.
24. Certificate of: “Workshop of **principles of stereology 1**” 2012, Shiraz University of Medical Sciences, Shiraz, Iran.
25. Certificate of: “Workshop of **introduction to Pajooheshyar Software**” 2012, Shiraz University of Medical Sciences, Shiraz, Iran.
26. Certificate of: “Workshop of **Research priorities**” 2012, Shiraz University of Medical Sciences, Shiraz, Iran.
27. Certificate of: “Workshop of **Innovation**” 2012, Shiraz University of Medical Sciences, Shiraz, Iran.