

**In the name of God**  
**Curriculum Vitae**

**Yasaman Vazani, MD, PhD**

Date of birth: 1980

Nationality: Iranian

Email address: [yasaman.vazani@gmail.com](mailto:yasaman.vazani@gmail.com)

09173174790

**Education**

**Medical Doctor:** Shiraz Medical School, Shiraz University of Medical Sciences, Shiraz, I.R. Iran

**PhD in persian medicine:** school of Persian medicine, IranUniversity of Medical Sciences, Tehran, I.R. Iran

**Thesis**

Assessment of the effect of nutrition, bathing and application of oil as a package in Traditional Persian Medicine on labor process

**Awards & Grants**

Oct 2017, Appreciation Plaque by the Head of Ghotbeddin clinic for the sincere medical services, Shiraz University of Medical Sciences, Shiraz, Iran.

Feb 2017, Appreciation Plaque by the Head of Ghotbeddin clinic for the sincere medical services, Shiraz University of Medical Sciences, Shiraz, Iran.

2016, Appreciation Plaque by the Head of Ghotbeddin clinic for the sincere medical services, Shiraz University of Medical Sciences, Shiraz, Iran.

First selected article in the student section of the 12<sup>th</sup> international congress of geographic medicine and the congress of gastrointestinal diseases, Shiraz University of Medical Sciences, Shiraz, Iran, 1999.

Member of Exceptional Talents (رتبه ۹۶ کنکور سراسری، استعداد درخشان)

**Languages**

Arabic, English, Persian

### **Computer**

Attendance at windows XP and ICDL workshop, Shiraz University of Medical Sciences, Shiraz, Iran.

### **Scientific Memberships**

Member of obstetrics and gynecology diseases in Persian medicine workgroup of ministry of health

Founder group of Persian medicine scientific association (Shiraz branch)

Board of Directors of Essence of Parsiyan Wisdom Institute (knowledge-based company)

### **Book**

Textbook of evidence based Persian medicine, 2017.

### **Journal Publications**

1. Effect of prenatal recommendations of Traditional Persian Medicine on obstetric outcomes: a randomized clinical trial. Journal of complementary and integrative medicine. 2018.
2. A critical review on phytochemistry, pharmacology of Viola odorata L. and related multi-potential products in traditional Persian medicine, Phytotherapy Research, 2017.
3. Prevention of Dystocia in Traditional Persian Medicine. Jundishapur Journal of Natural Pharmaceutical Products. 2017; 12(3).
4. Traditional Persian Medicine: Nutritional measures in 9th month of pregnancy, British Medical Journal, 2015.
5. Post-burn pruritus in Persian medicine, journal of research on history of medicine(accepted).
6. Avicenna's Point of View on prevention of dystocia, journal of research on history of medicine(accepted).
7. Labor management according to Iran Traditional Medicine, Journal of Islamic and Iranian Traditional Medicine, 2015.

## **Conference Proceedings**

Poster presentation in the first student congress of Persian pharmacy and medicine, Tehran University of Medical Sciences, Tehran, Iran, 2018.

Poster presentation in the world congress of integrative medicine and health, berlin, Germany, 2017.

Poster presentation in the student section of the 13<sup>th</sup> international congress of geographic medicine and the congress of cardiovascular diseases, Shiraz University of Medical Sciences, Shiraz, Iran, 2000.

Poster presentation in the student section of the 12<sup>th</sup> international congress of geographic medicine and the congress of gastrointestinal diseases, Shiraz University of Medical Sciences, Shiraz, Iran, 1999.

Attendance at the 7<sup>th</sup> National Congress on Medicinal Plants, 12-14<sup>th</sup> may 2018, Shiraz, Iran.

Attendance at national congress in traditional Persian medicine and pharmacy, Shiraz University of Medical Sciences, Shiraz, Iran, 2016.

Attendance at The third International Conference on Holly Prophet Mohammad's Tradition (sireyeNabavi) in Medicine , Shiraz University of Medical Sciences, Shiraz, Iran, 2017.

## **Skills**

Obstetrics and gynecology in Persian medicine (prenatal care, repeated abortion, infertility, endometriosis, AUB)

Traditional Medicine, Medical Science, Herbal Medicine, Alternative Medicine, researcher in Persian traditional medicine, Complementary & Alternative Medicine , Integrative Medicine

Attendance at workshop on Review articles, Tehran University of Medical Sciences, Tehran, Iran, 2018.

Attendance at workshop on scientific writing in the field of traditional medicine and pharmacy, 2016

Attendance at workshop on clinical trial writing, Tehran University of Medical Sciences, Tehran, Iran, 2013.

Attendance at workshop on Hijamat, Research Institute for Islamic and Complementary Medicine, Iran University of Medical Sciences, Tehran, Iran, 2010.

## **Activities**

Founder group of Persian medicine scientific association (Shiraz branch)

Attendance at special Persian medicine clinic of obstetrics and gynecology, headache, skin disease in Tehran University of Medical Sciences, 2012-2013.

Setting up Persian clinic in Ghotbeddin clinic, Shiraz University of Medical Sciences, Shiraz, Iran, 2016.

Practice in Ghotbeddin clinic especially in the field of obstetrics and gynecology in Persian medicine since 2016 up to now, +987138217090.

Practice in Shahid Motahari and then Emadoddin Salamatkadeh especially in the field of obstetrics and gynecology in Persian medicine since 2013 up to now.

Board of Directors of Essence of Parsiyan Wisdom Institute (knowledge-based company)

### **Teaching**

Hifzo-seha for Persian medicine PhD student, Shiraz University of Medical Sciences, Shiraz, Iran.

Internship of Persian medicine PhD student, Shiraz University of Medical Sciences, Shiraz, Iran.

Tarikh, farhang vatamaddon Islami for medical student, Shiraz University of Medical Sciences, Shiraz, Iran.

Obstetrics and gynecology diseases workgroup, Shiraz University of Medical Sciences, Shiraz, Iran.

Hifzo-seha for general population, Essence of Parsiyan Wisdom Institute, Shiraz University of Medical Sciences, Shiraz, Iran.

Persian medicine PhD exam candidate, Essence of Parsiyan Wisdom Institute, Shiraz University of Medical Sciences, Shiraz, Iran.